

# SHIVA MEMORIAL SERVICE



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**[www.bky.org.uk](http://www.bky.org.uk)**

## **WELCOME**

### **LEADER**

Each of us confronts death in our own way. Each of us grieves in our own time. Each of us faces the reality of loss differently. No one set of words or rituals will speak to us as we journey through our personal grief.

We are here this evening to support [NAME] during their time of grief for their [relation] [NAME], who has been taken from them by death. To be part of this gathering is an act of compassion, loyalty, love and integrity. On behalf of [NAME], I thank each of you for being here at their time of grief. By being here, you are saying more than words can. You are saying: "I am here for you. I feel your pain. There are no words."

Yet words and rituals are what we have. As limited as they are, words let us give voice to feelings that dwell deep within us.

## **NIGGUN**

NA'ASEH SHALOM

נַעֲשֶׂה שְׁלוֹם בְּעוֹלָם וְנַעֲשֶׂה שְׁלוֹם עָלֵינוּ  
וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל בְּנֵי אָדָם,  
וְאָמְרוּ: אָמֵן.

Na'aseh shalom ba'olam

Let us make peace in the world

U na'aseh shalom aleinu

And let us make peace for us

v'al kol Yisrael, v'al kol bnei Adam

for all Israel, and for all humanity

v'imru Amein

and let us say Amen

**(please be seated)**

## **LIGHTING THE MEMORIAL CANDLE**

### **LEADER**

A person's soul is like a flame, bringing light into the world. And just as one can light more candles with a flame without its being diminished, so too a person can give of himself, touching many lives, without ever being diminished.

**MOURNER** I light this candle in memory of my [RELATION} [NAME], though they no longer walk among us, may their light continue to shine within the world. May their memory guide me, who loved them continuing to strengthen me throughout my life.

**ALL:** May their memory offer you comfort as the candle burns brightly.

**Baruch ha-or ba-olam.**

Blessed is the light within the world.

**Baruch ha-or ba-adam.**

Blessed is the light within each person.

**Leader: When balance comes**

**All:** The memory of our time together will once again shine.

**Leader: When balance comes**

**All:** The weight of our time together will be an anchor to the time ahead.

**Leader: When balance comes**

**All:** We will embrace tomorrow, welcome laughter, rejoice in wonder, remember with joy.

**Leader: When balance comes**

**All:** The glow of memory will burn brighter than this flame of loss.

## **BARCHU**

Let us bless life,  
darkness and light,  
heart of harmony and chaos,  
creativity and creation.

**Leader:**

ברכו את החיים

*Barkhu et hachayim*

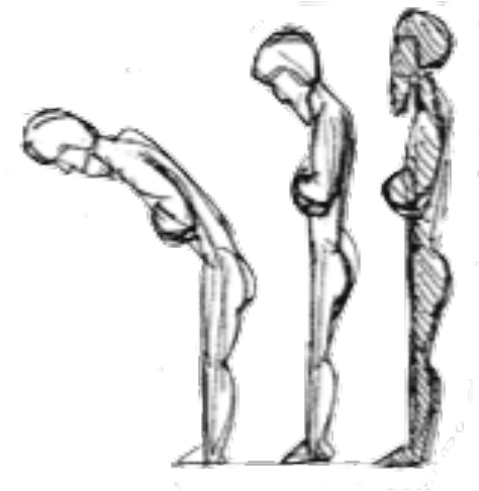
*(Bless life)*

**Congregation and Leader:**

**(whilst bowing)**

*Nevareykh et chayeinu meata ve ad olam*

*(we bless our lives, from now until forever)*



## **MA'ARIV ARAVIM**

We celebrate the Divine Presence, the Light in the Universe, creative force that causes the evening to exist, opening the gates and varying time and seasons, arranging the stars in their heavenly courses with order. Creative Force of day night which rolls light away from darkness and darkness from light, transforming day into night and distinguishing one from the other. Wellspring of Life, as such we name you. Spark of Spirit, may you dwell continually within us into eternity. We bless the Source of All, which brings on the evening.

## SHEMA

Let us take a minute to listen to the sound of the present moment.

שְׁמַע יִשְׂרָאֵל יְהוָה אֶחָד  
יְהוָה אֶחָד עַמִּינוּ אֶחָד

Sh'ma Yisra'el Echad 'Ameinu Adam EchaD

Listen Israel, Our People are One, Humanity is One



אָמַר רַבִּי עֲקִיבָא  
וְאֶהְבֶּתָּ לְרֵעֶךָ כְּמוֹךָ  
זֶה כָּלֵל גְּדוֹל בַּתּוֹרָה

Said Rabbi Akiva:  
You shall love your  
neighbour as yourself.  
This is the great principle of  
Torah.

Amar Rabi Akiva V'ahavta  
l'reyachah, kamocho.  
Zey k'lal gadol batorah.

## V'AHAVTA

### **All read together:**

Let us love all the world  
with all our heart, with all our soul, and with all our might.

### **Leader:**

Havah nohav et kol ha-olam  
b'khol l'vaveinu, uv'khol nafsheinu,  
u-v'khol m'odeinu.

הָבָה נֹאֲהֵב אֶת כָּל הָעוֹלָם בְּכָל לְבָבֵנוּ,  
וּבְכָל נַפְשֵׁינוּ, וּבְכָל מְאֹדֵנוּ

### **All read together:**

And these words will be upon our heart always. Let us learn them by heart with our children, and let us speak them often, as we sit in our homes and walk along the way, as we lie down and rise up.

## Leader:

V'hayu had'varim ha'eileh  
al l'vaveinu tamid.  
N'shannenam im baneinu  
uv'noteinu, vin-daber bam l'ittim  
k'rovot - b'shivteinu b'vateinu  
uv'lekhteinu vaderekh,  
uv'shokhbeinu uv'kumeinu.

וְהָיוּ הַדְּבָרִים הָאֵלֶּה  
עַל-לְבָבֵנוּ תָמִיד  
לְשַׁנְּנָם עִם בְּנֵינוּ  
וְנִדְבַר בָּם לְעֵתִים קְרוֹבוֹת  
בְּשִׁבְתֵּנוּ בְּבֵיתֵנוּ  
וּבְלִכְתֵּינוּ בַדֶּרֶךְ  
וּבְשֹׁכְבֵנוּ וּבְקוּמֵנוּ

## All read together:

Let us attach them as a sign to guide our minds and our hands. Let us write  
them on mezuzahs in our homes as lessons.  
Let us make our every deed a labor of love.

## Leader:

N'kashram l'ot  
l'hadrikh et da'ateinu v'et  
yadeinu. Nikhtavam al  
m'zuzot  
b'vateinu l'shiurim.  
Havah na'aseh  
kol hama'aseh shelanu  
avodah l'ahavah.

נְקַשְׂרָם לְאוֹת  
לְהַדְרִיךְ אֶת דְּעַתֵינוּ וְאֶת יָדֵינוּ  
נִכְתְּבָם עַל מְזוּזוֹת  
בְּבַתֵינוּ לְשִׁיעוּרִים  
הִבָּה נַעֲשֶׂה  
כָּל מַעֲשֶׂה שְׁלָנוּ  
עֲבוֹדָה לְאַהֲבָה

## HASHKIVEINU

Let me give up now  
Let me go home now  
Let me sleep  
Let me go

Allow me a moment of rest  
A night of sleep  
A night of forgiveness  
A night of retreat

Tomorrow, I will rise again  
I will shoulder my burdens  
I will race toward life

For now,  
I will rest within myself

*Hashkiveinu,*  
I will sleep.

## AMIDAH

We stand up for the amidah as a symbolic act of standing up for what we believe in, for what we want most in our lives, in our community, and in the world around us. We bow in places as an embodied action that sanctifies that which is most holy to us. Before we begin we **TAKE THREE STEPS BACKWARDS AND THREE STEPS FORWARDS** to step out of our mindset and into the holiness of self reflection brought about by prayer.

**May our hearts be open and our minds refreshed as we stand together and meditate on our most important values**

## Niggun

**We sing the traditional niggun**

אָנִי פּוֹתֵחַ/פּוֹתַחַת אֶת שְׂפֵתַי לְכַוָּנָה

Ani poteach/potachat et s'fatai l'kavvanah

I open my lips to intentionality

<p>נְבָרֵךְ אֶת הַחַיִּים בְּנֶאֱמָנוּתָנוּ זְכוֹרוֹן חַסְדֵי אֲמָהוֹת, חַסְדֵי שָׂרָה, חַסְדֵי רָחֵל, חַסְדֵי רִבְקָה, חַסְדֵי לֵאָה, חַסְדֵי בְּלָהָה, וְחַסְדֵי זְלִפְהָ. וְזְכוֹרוֹן חַסְדֵי אָבוֹת, חַסְדֵי אַבְרָהָם, חַסְדֵי יִצְחָק, וְחַסְדֵי יַעֲקֹב הַגְּדוֹלִים הַגְּבוּרִים וְהַנְּאֻרִים</p>	<p>Let us bless life with our faithfulness Let us remember the kindness of our mothers and fathers, Sarah, Rachel, Rebecca, Leah, Bilhah and Zilpah. Abraham, Isaac and Jacob. The great ones, the mighty ones, the enlightened ones. Let us bless life, the shield of Abraham and the help of Sarah.</p>	<p>N'varekh et hachayim b'ne'emanuteinu. Zikhron chasdei imahot, chasdei Sarah, chasdei Rachel, chasdei Rivkah, chasdei Leah, chasdei Bilhah v'chasdei Zilpah. V'zikhron chasdei avot, chasdei Avraham, chasdei Itzhak v'chasdei Ya'akov. HaGdolim HaGibborim v'hane'orim.</p>
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בְּחֶסֶד וְרַחֲמָנוּת אָנוּ תּוֹמְכִים  
בְּכֹל חַי, וְעוֹזְרִים לְהַפִּיחַ  
חַיִּים חֲדָשִׁים לְעוֹלָם,  
וּמְקִימִים אֶת כָּל אֲשֶׁר  
מְרַגֵּישׁ כְּמֵת אָנוּ תּוֹמְכִים  
בְּנוֹפְלִים, מְרַפְּאִים אֶת  
הַחֹלִים, מַתִּירִים אֶת  
הָאֲסוּרִים, וְנֹאמְנֵי לְיִשְׁנֵי  
עָפָר

With kindness we support all who live, helping to bring new life and raising those who feel dead. We support the falling, heal the sick, free the hostage and are faithful to those who have to sleep in the dust.

B'chesed v'rachmanut anu tom'khim b'chol hai, v'ozrim l'hafiach hayyim hadashim l'olam, um'kimim et kol asher mar'gish k'met anu tom'kim banoflim, m'rap'im et hacholim, matirim et ha-asurim, v'ne-em'nei l'yashnei 'afar

מַה יִדְמֶה לְזֶה וּמָה  
יִשְׁוֶה לְכָךְ, הָאוֹר  
בְּאָדָם הַמְפִיחַ חַיִּים  
וּמַצְמִיחַ יְשׁוּעָה

What else is like  
this? What can be  
compared to this?  
The light in  
humanity that gives  
life and makes  
salvation bloom.

Mah yidameh l'zeh  
umah yishveh l'khakh,  
h a - o r b a - a d a m  
hamefiach chayim  
umatzmiach y'shu'ah

קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ מְלֵאָה כָּל הָאָרֶץ  
קִדְשָׁהּ

Holy, Holy, Holy, the whole  
earth is filled with holiness.

Kadosh kadosh kadosh m'lo khol  
ha'aretz k'dushah.

אוֹר הָאֱהָבָה מְלֵא עוֹלָם

The light of love fills the world,  
Blessed be the light of love in  
the world.

Or ha-ahavah malei olam,  
Barukh or ha-ahava ba-olam.

בְּרוּךְ אוֹר הָאֱהָבָה בְּעוֹלָם

And from our traditions we  
learn: love will arise from Zion  
to the World, Sing with joy, Sing  
with joy! From generation to  
generation, we will make known  
to all the greatness of love and  
life, to the end of time we will  
proclaim its holiness, and the  
praise of life shall never leave  
our lips.

U'm'masorteinu anu lomdim:  
tetze ahavah miTziyon leolam  
midor vador, Hallelu Hallelu!

וּמִמְסוֹרְתֵינוּ אָנוּ לוֹמְדִים, תֵּצֵא אֱהָבָה  
מִצִּיּוֹן לְעוֹלָם, מִדּוֹר וָדוֹר, הִלְלוּ, הִלְלוּ

מִדּוֹר וָדוֹר נוֹדִיעַ לְכָל עַל גְּדֻלַּת

to all the greatness of love and  
life, to the end of time we will  
proclaim its holiness, and the  
praise of life shall never leave  
our lips.

Midor vador nodia lakol al  
gdulat ha-ahava vehachayim,  
uk'dushatam nakdish umipinu lo  
tamush tehillat hachayim leolam  
vaed, gedulatam u'kedushatam.

הָאֱהָבָה וְהַחַיִּים, וּקְדוּשַׁתָּם נִקְדִּישׁ,

וּמִפִּינוּ לֹא תִמּוּשׁ תְּהִלַּת הַחַיִּים

לְעוֹלָם וָעֶד, גְּדֻלַּתָּם וּקְדוּשַׁתָּם

We acknowledge and bow in  
gratitude, to thank our  
community and our ancestors  
forever and ever, for they are the  
rocks of our lives, our protective  
shield in every generation. We  
bless, for it is right and good to  
give thanks with happiness. We  
bless the light of peace.

Modim anachnu lekehillateinu,  
v'la-avoteinu ul'imoteinu l'olam  
va'ed, tzurei haiyeinu, maginnei  
yisheinu, midor vador.

מוֹדִים אֲנִיחֵנוּ לְקִהְלֵתֵנוּ, וְלְאַבּוֹתֵינוּ

וְלְאֲמוֹתֵינוּ לְעוֹלָם וָעֶד, צוּרֵי חַיֵּינוּ

מְגִנֵּי יִשְׂרָאֵל, מִדּוֹר וָדוֹר

יְחַדְּדוּ נְבִרָה, כִּי טוֹב וְנֹאֵה לְהוֹדוֹת

בְּשִׂמְחָה

Yachdav n'varekh, ki tov venaeh  
l'hodot b'simcha. N'varekh et or  
hashalom.

נְבִרָה אֵת אוֹר הַשְּׁלוֹם

**(time for private reflection)**

יְהִי לְרָצוֹן אִמְרֵי פִי וְהִגִּיוֹן לִבִּי אֲשֶׁר הֵם צוּרֵי וְגוֹאֲלֵי

Yihyu l'ratzon imrei fi v'hegyon libi tzuri v'go'ali

*May the words of my mouth and the meditation of my heart be acceptable, may they be my rock and my redeemer.*

מקום הפֶּחַ  
בתִּזְכוּנוֹ מְקוֹרוֹת  
הַבְּרָכָה מְחַבְּרֵינוּ

May those in need of  
healing know the  
renewal of body and  
spirit.

M'kom hakoach  
b'tocheinu, m'korot  
habrakha  
m'chevroteinu

## **TAKE THREE STEPS BACKWARDS**

Na'aseh shalom ba'olam

Let us make peace in the world

### **BOW TO THE RIGHT**

U na'aseh shalom aleinu

And let us make peace for us

### **BOW TO THE LEFT**

v'al kol Yisrael, v'al kol bnei Adam

for all Israel, and for all humanity

### **BOW**

v'imru Amein

and let us say Amen

(please be seated)

## READING

We grieve for the part of us that is gone.  
We feel the absence and a presence  
Like spreading seeds of energy,  
A relationship that can never end.  
We reminisce to moments in time.  
Thoughts at play, a loving embrace  
A dance of images, a quilt of emotions.  
Again the pain, again the questions.  
The undeniable escapes our grasp.  
The answers elude our inquiry.  
We admit to anger at being left behind

At not preventing what is inevitable  
At the inequity of life's circumstance.  
We search to find meaning and acceptance.  
We can still see the familiar posture  
Hear the distinctive voice  
A penchant that could aggravate  
An expression that spoke volumes  
A smile that could charm.  
We have known the uniqueness of another soul.  
We recreate moments lost in time  
We share the deepest feelings of loss  
We miss the breath of your presence.



## LET US READ TOGETHER

Those who held us, and whom we held, we remember them now.  
Those who loved us, and whom we loved, we remember them now.  
At the rising of the sun, and its going down, we remember them.  
When we seek advice that does not come, when we are alone and afraid,  
    We remember them.  
    When we are weary and in need of strength,  
    When we are lost and sick at heart,  
When we face decisions that are difficult to make,  
    When we have joys we yearn to share,  
    We remember them.  
As long as we live they shall live, for they are a part of us.

## EL MALEI

May the name of [NAME] be pure and glorious, special and loved, as we have offered prayers in their memory. Therefore, may they live on forever, and their memory merged eternally with all who remember them. Let them take their rightful place in our heritage, as they rest peacefully in their lying place, and let us say: Amein.

אל מלא רחמים שוכן בפרומים, המצא  
מנוחה נכונה על פני השכינה במעלות  
קדושים וטהורים כזהר הרקיע מזהירים  
(את נשמת) (פלוני בן פלוני, שהלכה  
לעולמה בעבור שנדבו צדקה בעד הזכרת  
נשמתה. בגן עדן תהא מנוחתה לכן בעל  
הרחמים, יסתירהו בסתר כנפיו  
לעולמים, ויצרר בצרור החיים את נשמתה  
ה' הוא נחלתו, וינוח, בנשלום על משכבו  
ונאמר אמן

Al molay rachamim, shochayn bam'romim,  
ham-tzay m'nucha n'chona al kanfay  
Hash'china, b'ma-alot k'doshim ut-horim  
k'zo-har haraki-a mazhirim, et nishmat  
[NAME] she-halcha l-olama, ba-avur  
shenodvu tz'dakah b'ad hazkarat nishmatah.  
B'Gan Ayden t'hay m'nuchatah; la-chayn  
Ba-al Harachamim yas-tire-ha b'sayter  
k'nafav l'olamim, v'yitz-ror bitz-ror hacha-  
yim et nishmatah, Ado-nay Hu na-chalatah,  
v'tanu-ach b'shalom al mishkavah. V'nomar:  
Amein.

## **KADDISH**

We begin by silently calling to mind the names of all whose absence we mourn.

We continue by saying aloud the names of loved ones who have died in the past year. Mourners and those observing the anniversary of the passing of a loved one say the names of those they are mourning.

### **Leader:**

As we now remember our loved ones who have died, all of us who are able to stand in their honour and offer this affirmation of our dedication, our kaddish, to life and its improvement.

Let us remember our loved ones in all their humanity, with all their strengths and limitations.

As we learn from their lives, let us bless and praise their memories with our action.

May we carry on the best elements of their lives with splendour.

May we ascend in the shining examples of their praiseworthy deeds.

Let us dedicate ourselves in honouring the best legacies of our loved ones' past for the sake of all those who now live and for the sake of all those who will yet come to live in this world.

May it be our heart's desire to work for healing and equity, for freedom and peace - to cultivate these in our lives, and in our days, and in the lives of everyone in the world, swiftly and soon.

And let us say: Amen.

Even as we speak, we know that the value of each life exceeds what can be expressed in blessings or in songs, in praises or in words of consolation.

In remembering the loved ones for whom we mourn, may we find lessons and inspirations in their legacies.

Let us remember righteous actions for blessing.

And let us say: Amen

## PLEASE RISE

אבל: יתגדל ויתקדש שְׁמֵהּ רַבָּא. [קהל: אמן]

בְּעֵלְמָא דִּי בְּרָא כְרַעוּתֵיהּ וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעֵגְלָא וּבְזִמְן קָרִיב, וְאִמְרוּ אָמֵן:  
[קהל: אמן]

קהל ואבל: יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמִי וּלְעֵלְמֵי עֵלְמֵיָא

אבל: יתְבָרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא. בְּרִיךְ הוּא. [קהל: בריך הוא]:  
לְעֵלְמָא מִן כָּל בִּרְכָתָא בְּעֵשִׂי'ת: לְעֵלְמָא לְעֵלְמָא מְכַל וְשִׁירְתָא תְּשֻׁבָתָא וְנִחְמָתָא דְאִמְרֵן בְּעֵלְמָא. וְאִמְרוּ אָמֵן: [קהל: אמן]  
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמֵיָא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל. וְאִמְרוּ אָמֵן: [קהל: אמן]

עושה שלום בעשי'ת: הַשְּׁלוֹם בְּמְרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאִמְרוּ אָמֵן: [קהל: אמן]

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael,  
baagala uviz'man kariv. V'im'ru: Amen. Y'hei sh'mei raba m'varach l'alam ul'almei almay.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yit'halal sh'mei d'Kud'sha

B'rich Hu,

L'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol Yisrael. V'imru: Amen

*[NAME] wishes to express his gratitude to all who came to support them today  
May you have a long life!*