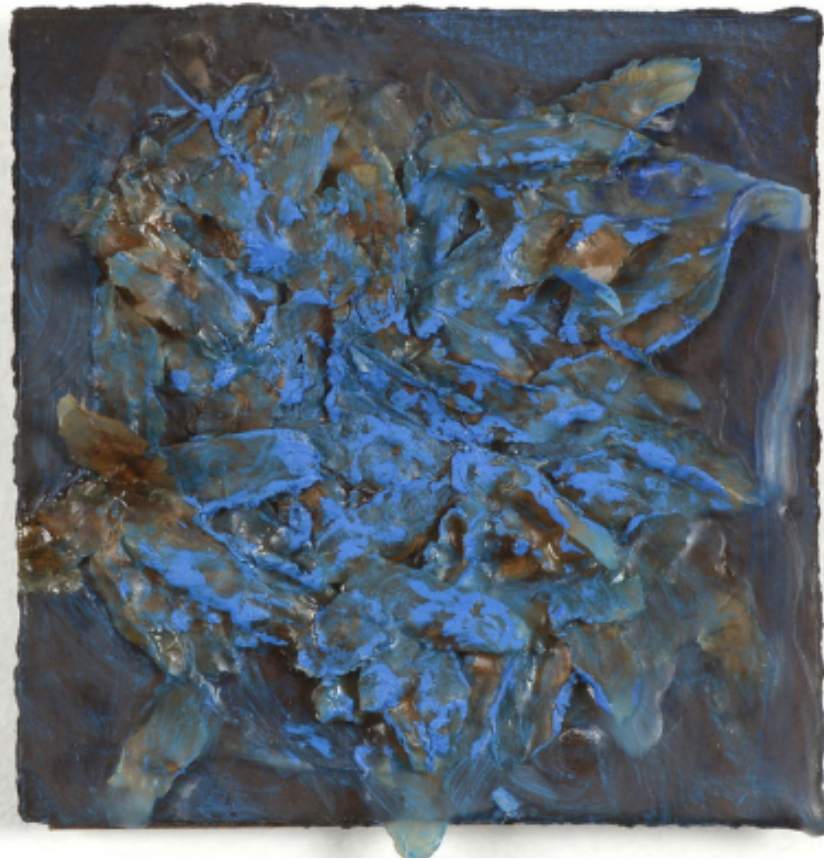


# OMER 2019

## WEEK 7: MALCHUT (SOVEREIGNTY)



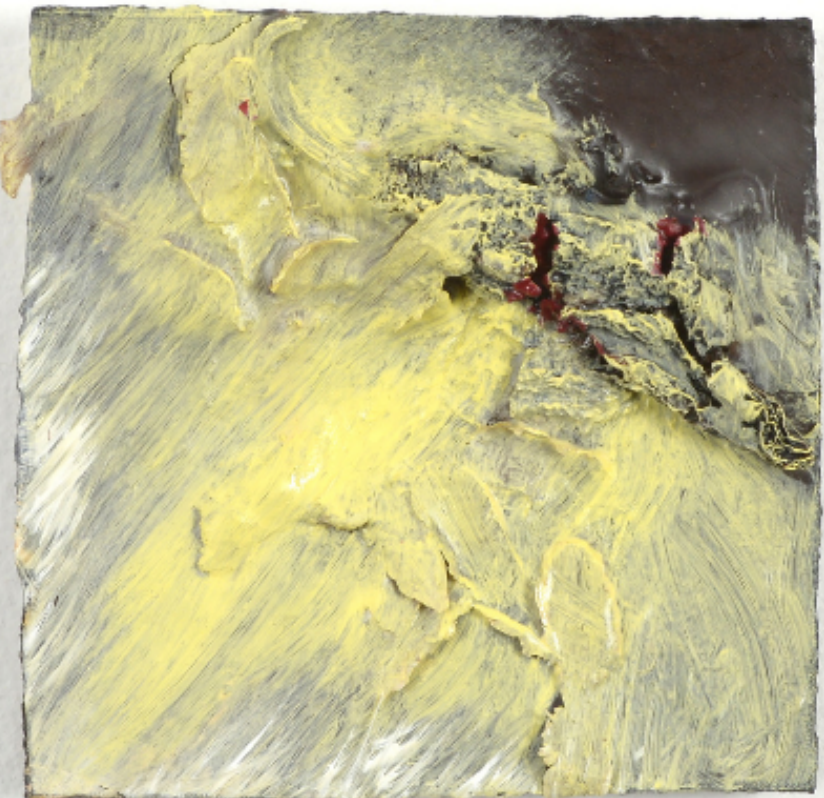
### DAY 43: HESED OF MALCHUT

Is it better to be loved or feared?  
Do leaders fear the day they're  
loved by all?  
Loving leaders alone will prevail  
Give us the courage to lead  
fearlessly  
Love audaciously  
Humble our hearts with empathy  
and awe  
- Madeleine Fortney



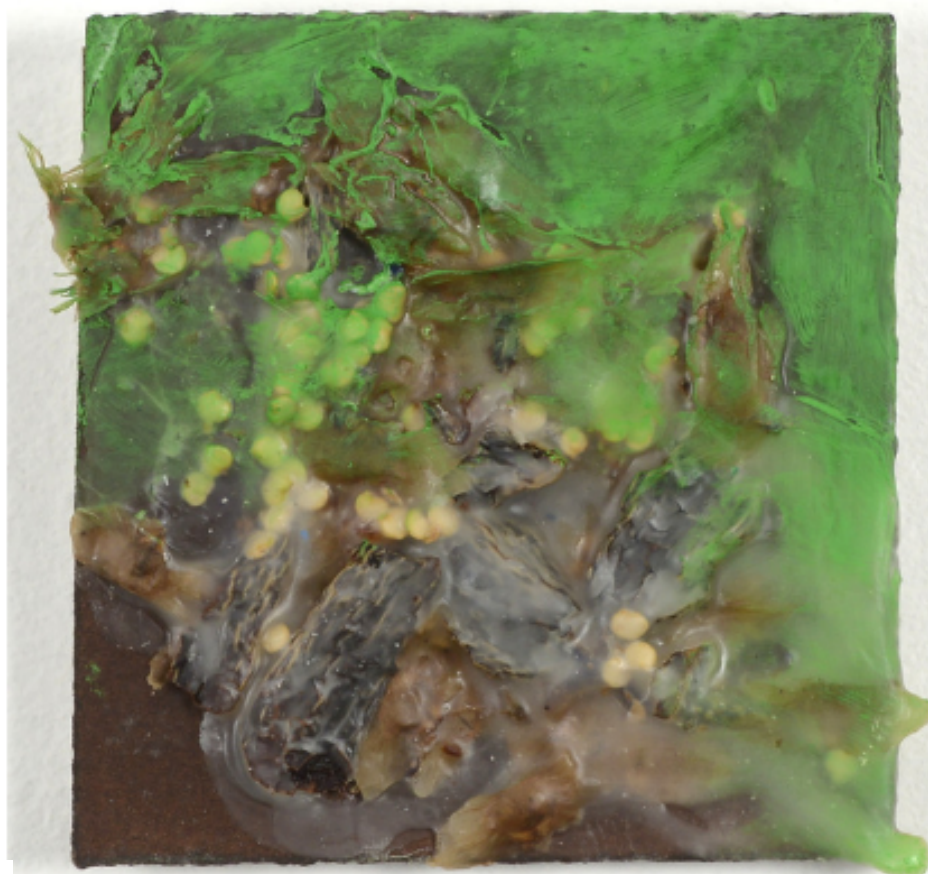
### DAY 44: GEVURAH OF MALCHUT

We are all majestic beings  
here on this precious planet  
for but a brief moment. May  
We commit to remembering  
each other's holiness, living  
from love, and standing up for  
our sacred Mother Earth.  
- Yael Rosenbloom



### DAY 45: TIFERET OF MALCHUT

Imagine one  
whose heart is woven with threads of kindness  
whose steady light is a beacon of compassion.  
Imagine how her lamp pierces the intrepid dark  
Mother of exiled souls.  
Madre of the lost and silenced.  
Imagine her tenderness and her strength.  
Imagine hope.  
- Amy Gottlieb (inspired by Emma Lazarus  
and the migrant crisis)



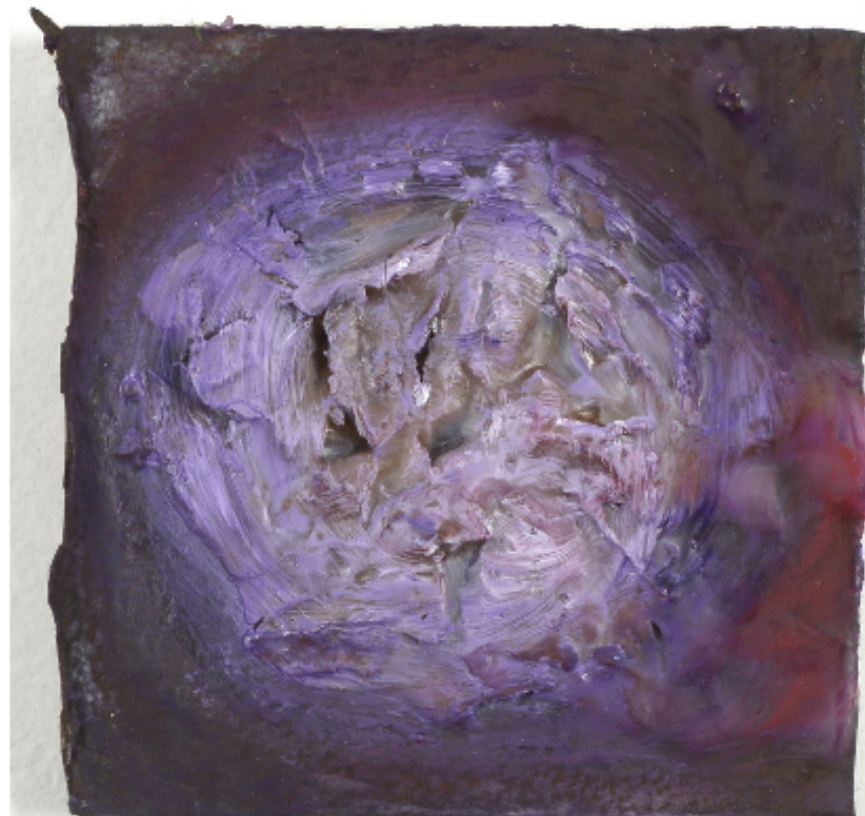
### DAY 46: NETZACH OF MALCHUT

The work that we do is  
practicing being brave so  
that if we are ever  
really called to be brave,  
we will be ready.  
- Rabbi Elliott Tepperman



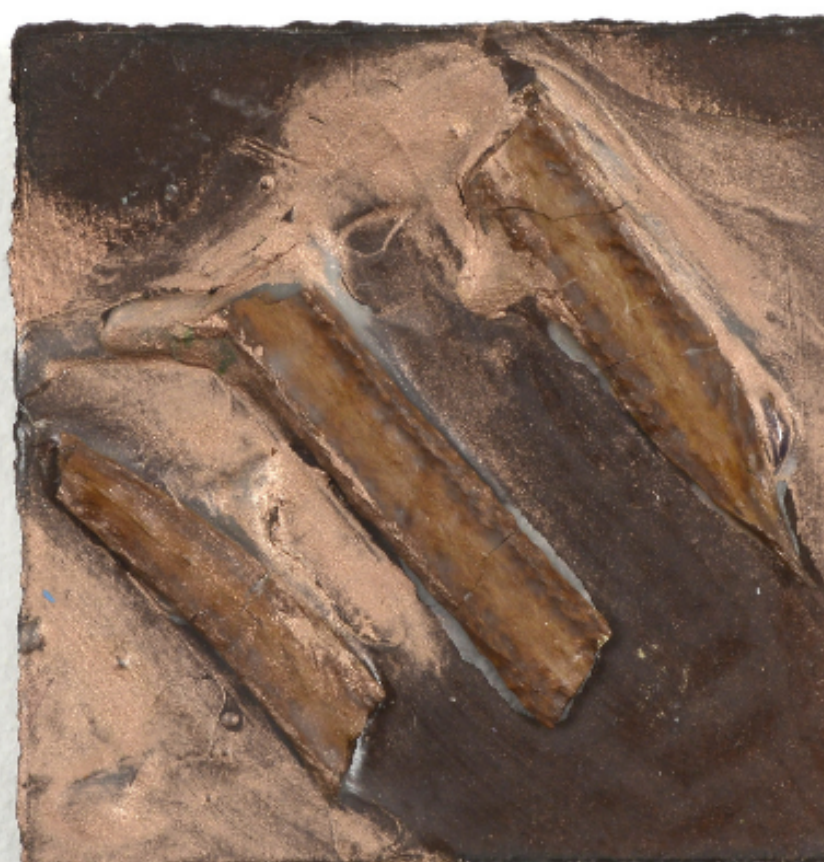
### DAY 47: HOD OF MALCHUT

Sometimes I think women should  
take the slip of paper that says  
"I am but dust and ashes" out of  
our pockets and burn it until it  
becomes dust and ashes. Then we  
can move through the world with  
our hands resting in the other  
pocket, knowing that "for my  
sake the world was created."  
- Rachel Druck



### DAY 48: YESOD OF MALCHUT

As the Omer counting approaches  
completion, we remind ourselves to listen  
our heart, honor the voice of our soul, and  
recognize that we are all on this journey  
together, doing the best we can. We cannot  
force others to do the work, but we can  
see their wholeness and listen to their  
story. Cultivating our own inner peace and  
supporting others in doing the same is  
perhaps the best we can do to bring a  
greater peace to this troubled world.  
- Rabbi Haviva Ner-David



### DAY 49: MALCHUT OF MALCHUT

My Nona taking a moment to appreciate the  
tray of burekas she spent the morning baking  
or my mother gazing at the sour cream  
chocolate cake she baked from a secret family  
recipe: completion, perfection, the Shekhina  
shining through all our worldly efforts. Before  
biting in to the salty burek or the sweet  
chocolate, like Nona and my mother did, take a  
moment to breathe in this joy of completion.  
Now celebrate what will be revealed, the  
salty burek, the sweet cake, the divine Torah!  
- Resa Alboher

ART BY DIVORAH HORN

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TRADITION & INNOVATION