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# → REGARDING TRANSCRIPTION ←

Our goal in transcription has been to create a text that will be as easy as possible to read "correctly" without knowledge of the Hebrew alphabet or language. We have attempted to mirror as closely as possible how the sounds would be written in English avoiding special characters and multiple characters that might cause confusion.

ch is used to represent the sound similar to "ch" in German ei/ey is used to represent the sound at the end of the word "grey" ai/ay is used to represent the sound at the end of the word "sky" ' is used to show that two letters should be pronounced distinctly.

Regarding vowels:

- a always like a in father, never like a in able
- e always like e in get, never like e in greet
- i always like i in sing, never like i in ice
- o always like o in rope, never like o in soft
- u always like u in rule, never like u in up

# -> INTRODUCTORY NOTE &

This book of prayers for the home—commonly referred to as a *bentcher* in Yiddish—contains the blessings that many Jews invoke after meals, during the Sabbath (Shabbat) and holidays, and in honor of weddings.<sup>1</sup>

We hope that this *bentcher* will provide our guests with a valued memento from our wedding. As with our entire wedding, we strove to create a *bentcher* that represented our values, both as individuals and as a couple. The title of this *bentcher*, "Kol Yoshvei Tevel," translates to "all who dwell on Earth." This is a phrase that many add to prayers for peace that traditionally are for "us" (those saying the prayer) and "for all of the people of Yisrael" (Jews everywhere). By expanding the prayers, we are not only wishing for peace for all people, but also stating that we are part of, and cannot be separated from, all of humanity.

Additionally, this *bentcher* uses gender-neutral words for God and for humanity, includes our foremothers as equals to our forefathers, and normalizes both same-sex and different-sex couples.<sup>2</sup> We have included transliterations, translations, and explanatory notes in hopes that the text is accessible to all, no matter one's level of familiarity with these prayers or fluency in Hebrew. As we could not find an existing bentcher that met these needs, we decided to make our own. We are deeply indebted to José and Josh Portuondo-Dember, who gave us the files for the bentcher they created, and to Hillel Smith, who designed this bentcher. We hope that others will want to use this bentcher going forward, either as is, or as a building block for their own creation. Contact us at laraandlaurengetmarried@gmail.com for the files.

May you use this bentcher in happiness and merriment for years to come!

- Jews from different communities have different formulations for some of these blessings. We each come from Ashkenazic (generally, Eastern European Jewry) families, and have thus chosen to use the phrasing common to that tradition.
- 2. In keeping with our understanding of the gendered nature of Hebrew, we have provided options for brides and grooms. We welcome you to use additional terms for spouses as you feel best meets your and your spouse's gender identity.

At meals for festive occasions, Grace is typically introduced with Psalm 26:

שִׁיר הַמַּעֲלוֹת בְּשׁוּב יי אֶת שִׁיבַת צִיּוֹן הָיִינוּ פְּחֹלְמִים. אָז יִאָּמָרוּ בַגוֹיִם פִּינוּ וּלְשׁוֹנֵנוּ רְנָה אָז יֹאמְרוּ בַגוֹיִם הַגְדִּיל יי לַעֲשׂוֹת עִם אֵלֶה. הְגְדִּיל יי לַעֲשׂוֹת עִמְנוּ הָיִינוּ שְׁמֵחִים. שׁוּבָה יי אֶת שְׁבִיתֵנוּ פַאֲפִיקִים בַּנֶּגֶב. הַזֹּרְעִים בְּדָמְעָה בְרְנָה יִקְצֹרוּ. הָלוֹך וֵלֵך וּבְכֹה נִשֵׁא מֶשֶׁךְ הַזָּרַע בֹּא יָבֹא בְרָנָה נֹשֵׂא

When 3 or more Jewish adults eat together, one is designated as the leader and the following invitation is read responsively. If 10 or more Jewish adults are present, include the words in parentheses.

וַבֶרָי נִבָּרֵךְ! LEADER

יְהִי שֵׁם יי מְבֹרָךְ מֵעַתָּה GROUP וְעַד עוֹלָם.

יְהִי שֵׁם יי מְבֹרָך מֵעַתָּה LEADER יְהִי שֵׁם יי מְבֹרָך מֵעַתָּה וְעַר עוֹלָם. בִּרְשׁוּת חֶבֵרִי, נְבָרֵך (אֵלֹהֵינוּ) שֵׁאָבַלְנוּ מִשֵׁלוֹ.

ַבָּרוּך (אֱלֹהֵינוּ) שֶׁאָכַלְנוּ GROUP מִשֶּׁלוֹ וּבְטוּבוֹ חַיִינוּ. Grace after meals is the only prayer explicitly mandated in the Bible: "When you have eaten and are satisfied, then praise Adonai your God, for the good land God has given you." (Deut. 8:10). The rabbis trace the origin of the prayer to Abraham, who offered hospitality to any traveler who passed by his tent. When his guests would thank him for food and drink, he would reply, "Was the food that you have eaten mine? You have partaken of God's bounty. Now therefore praise, glorify, and bless God, who spoke and the world came into existence."

When the invitations to recite grace are said at a wedding, or sometimes at other festive events, the leader will pour a glass of wine or other grape beverage before beginning the invitation, and then hold it in their right hand during the entire grace. After grace is complete, they then say the blessing over wine and drink it. See the section "Seven Blessings for a Wedding" for more details regarding grace after a meal held in honor of such an event.

# I GRACE AFTER MEALS &

# At meals for festive occasions, Grace is typically introduced with Psalm 26:

A Pilgrim song: When Adonai brought us back out of exile from Zion, we were like dreamers. Our mouths filled with laughter and we sang a joyous song. Among the nations they said, 'Adonai has done great things for them.' Yes, Adonai has done great things for us; we were filled with joy. Adonai, undo our captivity and like a stream waters dry soil, those who sow in tears will reap gladness. Weeping they scatter and plant the seeds, but they return with a joyful song, bringing home their harvest.

When 3 or more Jewish adults eat together, one is designated as the leader and the following invitation is read responsively. If 10 or more Jewish adults are present, include the words in parentheses.

LEADER: Friends, let us bless.

**GROUP:** May the name of Adonai be blessed for now and all time.

- LEADER: May the name of Adonai be blessed for now and all time. With the permission of those present, let us bless (our God) who has provided the food we've eaten.
- **GROUP:** Blessed is (our God) the one who has fed us and whose goodness has given us life.

# At meals for festive occasions, Grace is typically introduced with Psalm 26:

Shir hama'a'lot b'shuv Adonai et shivat Tziyon hayinu k'cholmim az y'malei s'chok pinu ul'shoneinu rina. Az yomru vagoyim higdil Adonai la'asot im eleh. Higdil Adonai la'a'sot imanu, hayinu s'meichim. Shuva Adonai et sh'viteinu ka'a'fikim banegev. Hazor'im b'dima b'rina yik'tzoru. Haloch yeileich uvachoh, nosei meshech hazara bo yavo v'rina nosei alumotav.

When 3 or more Jewish adults eat together, one is designated as the leader and the following invitation is read responsively. If 10 or more Jewish adults are present, include the words in parentheses.

LEADER: Chaverai n'varech.

- **GROUP:** Y'hi shem Adonai m'vorach mei'ata v'ad olam.
- LEADER: Y'hi shem Adonai m'vorach mei'ata v'ad olam. Birshut chaverei n'varech (Eloheinu) she'achalnu mishshelo.
- GROUP: Baruch (Eloheinu) she'achalnu mishshelo uv'tuvo chayinu.

בָּרוּך (אֱלֹהֵינוּ) שֶׁאָכַלְנוּ בּרוּך (אֱלֹהֵינוּ) שֶׁאָכַלְנוּ מִשֵּׁלוֹ וּבְטוּבוֹ חַיִינוּ.

. בָּרוּך הוּא וּבָרוּך שְׁמוֹ ALL SAY

At a wedding, substitute the following invitation.

וַבָרִי נְבָרֵךְ! LEADER

יְהִי שֵׁם יי מְבֹרָךְ מֵעַתָּה GROUP וְעַד עוֹלָם.

געַקָּהי שֵׁם יי מְבֹּרָךְ מֵעַקָּה וְעַד עוֹלָם. דְזַי הָסֵר וְגַם חָרוֹן, וְאָז אַלֵם בְּשִׁיר יָרוֹן, נְחֵנוּ בְּמַעְגְּלֵי צֶדֶק, שְׁעֵה בִּרְפַת בְּנֵי אַהֲרֹן. בִּרְשׁוּת מֶרָנָן וְרַבָּנָן וְרַבּוֹתַי וְבָרֵךְ אֶלֹהֵינוּ שֶׁהַשְׁמְחָה בִּמְעוֹנוֹ, וְשֶׁאָכַלְנוּ מִשֶׁלוֹ.

GROUP, THEN LEADER REPEATS בָּרוּךְ אֱלֹהֵינוּ שֶׁהַשָּׁמְחָה בִּמְעוֹנוֹ וְשֶׁאַבַלְנוּ מִשֶׁלוֹ וּבְטוּבוֹ חָיִינוּ

ָבָרוּךָ הוּא וּבָרוּךָ שְׁמוֹ. ALL SAY

# → GRACE AFTER MEALS ←

LEADER: Blessed is (our God) the one who has fed us and whose goodness has given us life. LEADER: Baruch (Eloheinu) she'achalnu mishshelo uv'tuvo chayinu.

ALL SAY: Baruch hu u'varuch sh'mo.

ALL SAY: Blessed is God, and blessed is God's name.

At a wedding, substitute the following invitation.

LEADER: Friends, let us bless!

**GROUP:** May Adonai's name be blessed now and forever.

LEADER: May Adonai's name be blessed now and forever. Remove all grief, all wrath take wing, then even those who are mute will sing. Guide us in righteousness, heed the blessing of the children of Aaron. With the consent of my friends, let us bless (our God) in whose abode is joy, and from whom we have eaten.

## GROUP, THEN LEADER REPEATS: Blessed is (our God) the one whose abode is joy, and who has fed us and sustained us with goodness.

ALL SAY: Blessed is God, blessed is God's name.

At a wedding, substitute the following invitation.

- LEADER: Chaverai n'varech!
- **GROUP:** Yehi shem Adonai m'vorach mei'ata v'ad olam.
- LEADER: Yehi shem Adonai m'vorach mei'ata v'ad olam. D'vai haseir v'gam charon, v'az ileim b'shir yaron, n'cheinu v'maglei tzedek, sh'ei birkat b'nei Aharon. Birshut chaverei n'varech Eloheinu she'hasimcha bim'ono v'she'achalnu mishelo.

## GROUP, THEN LEADER REPEATS: Baruch Eloheinu she'hasimcha bim'ono v'she'achalnu mishelo uv'tuvo chayinu.

ALL SAY: Baruch hu uvaruch sh'mo.

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בְּרוּךְ אַתָּה יי, אֶלֹחֵינוּ מָלֵך הָעוֹלָם, הַזָּן אֶת הָעוֹלָם בָּלוֹ בְּטוּבוֹ בְחֵן בְּחֶטֶד וּבְרַחֲמִים הוּא נוֹתַן לֶחֶם לְכָל בָשָׂר כִּי לְעוֹלָם חַסְדוֹ. וּבְטוּבוֹ הַגָּדוֹל תָּמִיד לא חָסַר לָנוּ, וְאַל יֶחְסַר לָנוּ מָזוֹן לְעוֹלָם וָעֶד. בַּעֲבוּר שְׁמוֹ הַגָּדוֹל, כִּי הוּא אַל זָן וּמְפַרְנֵס לַכּל וּמֵטִיב לַכּל, וּמֵכין מָזוֹן לְכֹל בְּרִיוֹתָיו אֲשֶׁר בָּרָא. בָּרוּך אַתָּה יי, הַזָּן אֶת הַכּל.

נוֹדֶה לְךָ יי אֲלֹחֵינוּ עַל שֶׁהוְחַלְתָ לַאֲבוֹתֵינוּ, אֶרֶץ חֶמְדָה טוֹבָה וּוְחָבָה, וְעַל שֶׁהוֹצֵאתָנוּ יי אֱלֹחֵינוּ מֵאֶרֶץ מִצְרַים, וּפְדִיתָנוּ, מִבֵּית עֲבָדִים, וְעַל בְּרִיתְךָ שֶׁחָתַמְתָּ בְּבְשָׁרֵנוּ, וְעַל תּוֹרֶתְךָ שֵׁיִּים חֵן נָחֶסֶר שֶׁחוֹנַנְתָנוּ, וְעַל אֲבִילַת מַזוֹן שַׁאַתָּה זָן וּמְפַרְנֵס אוֹתָנוּ תָּמִיד, בְּכָל יוֹם וּבְכָל עַת וּבְכָל שֶׁעָה.

## ON CHANUKAH

עַל הַנּפִּים וְעַל הַפָּרְקָן וְעַל הַגְבוּרוֹת וְעַל הַתְּשׁוּעוֹת וְעַל הַנִּפְלָאוֹת וְעַל הַגֶּחָמוֹת שֶׁעָשִׁיתָ לַאֲבוֹתֵינוּ בַּיָמִים הַהֵם בַּזְמַן הַזֵּה.

בִּימֵי מַתִּתְיָהוּ בֶּן יוֹחָנָן בּיּהֵן גָּדוֹל חַשְׁמוֹנַאי וּבָנָיו. כִּשֶׁעָמְדָה מַלְכוּת יָוָן הָרְשָׁעָה עַל עַמְךָ יִשְׂרָאֵל לְהַשְׁבִּיחָם תּוֹרָתֶך וּלְהַעֵבִירָם מֵחֻפֵּי רְצוֹנֶךָ.

## → GRACE AFTER MEALS ←

Blessed are You Adonai, God, ruler of the universe, who feeds the whole universe in Your goodness, grace, kindness and mercy; You give bread to all flesh for You are ever kind, and your great goodness will never be taken from us, and let our nourishment be assured forever. You sustain all life and are good to all, providing for every creature You have made. Blessed are You, Adonai, who sustains all life.

We thank You, Adonai, for the land You gave our ancestors as an inheritance and to which You brought us, Adonai our God, having taken us out of Egypt and redeemed us from slavery; for your Torah and commandments that You have taught us and given unto us; for the life, grace and kindness that You bestow upon us always; for the food and sustenance You provide us with always, every hour of every day in every season.

### ON CHANUKAH

For the miracles, for the salvation, for the mighty deeds, for the victories, and for the battles You performed for our ancestors in those days, at this season (we thank You).

In the days of Matityahu, son of Yohanan, and his sons the high priests, when a wicked Hellenic government opposed Your people Israel, (determined) to Baruch atah Adonai Eloheinu melech ha'olam, hazan et ha'olam kulo b'tuvo b'chein b'chesed uv'rachamim, hu notein lechem l'chol basar, ki l'olam chasdo. Uv'tuvo hagadol tamid lo chasar lanu, v'al yechsar lanu mazon l'olam va'ed. Ba'avur sh'mo hagadol, ki hu El zan um'farneis lakol u'meitiv lakol, u'meichin mazon l'chol b'riyotav asher bara. Baruch atah Adonai, hazan et hakol.

Nodeh l'cha Adonai Eloheinu al she'hinchalta la'avoteinu eretz chemda tova ur'chava, v'al she'hotzeitanu Adonai Eloheinu mei'eretz mitz'rayim uf'ditanu mibeit avadim, v'al brit'cha she'chatamta biv'sareinu, v'al torat'cha she'limad'tanu, v'al chukecha she'hoda'tanu, v'al chayim chein va'chesed she'chonantanu, v'al achilat mazon she'ata zan um'farneis otanu tamid, b'chol yom uv'chol eit uv'chol sha'ah.

## ON CHANUKAH

Al hanisim v'al hapurkan v'al hag'vurot v'al hat'shu'ot v'al hamilchamot she'asita la'avoteinu bayamim haheim baz'man hazeh.

Bimei Matityahu ben Yochanan kohein gadol Chashmonai u'vanav, k'she'amda malchut Yavan har'sha'a al amcha Yisrael, l'hash'kicham toratecha ul'ha'aviram meichukei r'tzonecha. וְאַתָּה בְּרַחֲמֶיךּ הָרַבִּים עַמַדְתָּ לָהֶם בְּעֵת צְרָתָם רַבְתָּ אֶת רִיבָם דַּנְהָ אָת הִינָם נָקַמְתָּ אֶת נִקְמָתָם מָסַרְתָּ גִּבּוֹרִים בְּיַד חַלָּשִׁים וְרַבִּים בְּיַד מְעַטִים וּשְׁמֵאִים בְּיַד שְׁהֹרִים וּרְשָׁעִים בְּיַד צִּדִיקִים וְזַרִים בְּיַד עוֹסְקֵי תוֹרָתֶךָ. וּלְרַ עָשִׁיתָ שֵׁם גָּרוֹל וְקָרוֹשׁ בְּעוֹלָמֶך וּלְרַ עָשִׁיתָ שֵׁם גָּרוֹל וְקָרוֹשׁ בְּעוֹלָמֶך וּקְרַקָר בִּיתֶך וּפִנוּ אֶת הֵיכָלֶך וְטְהֵרוּ מְרָבִיר בֵּיתֶך וּפִנוּ אֶת הֵיכָלֶך וְטְהֵרוּ קַדְשָׁר וְקָבְעוּ שְׁמוֹנַת יְמֵי חַגָּבָה אֵלו לְרִבִיר הַיּתֶך וֹפְנוּ אֶת הֵיכָלֶך וְטְהֵרוּ לְהַבִיר הַיּתֶר וֹמָרֵי שְׁמַר בַנָּיר מָדְשָׁר וְקַבְעוּ שְׁמוֹנַת יְמֵי חַגָּבָה אֵלוּ

### ON PURIM

עַל הַנְּסִים וְעַל הַפָּרְקָן וְעַל הַגְבוּרוֹת וְעַל הַמְשׁוּעוֹת וְעַל הַנִּפְלָאוֹת וְעַל הַנֶּחָמוֹת שֶׁעָשִׁיתָ לַאֲבוֹתֵינוּ בַּיָמִים הָהֵם בַּזְמַן הַזֶּה.

בִּימֵי מָרְדְכַי וְאֶסְתֵּר בְּשׁוּשׁן חַבִּירָה כְּשֶׁעָמַד עֲלֵיהֶם הָמָן הָרָשָׁע. בִּקֵשׁ לְהַשְׁמִיד לַהֵרֹג וּלְאַבֵּד אֶת כָּל הַיְּהוּדִים מִנַּעַר וְעַד זָקֵן טַף וְנָשִׁים בְּיוֹם אֶחָד בִּשְׁלֹשָׁה עָשָׁר לְחֹדֶשׁ שְׁנֵים עָשָׁר הוּא חֹדֶשׁ אֲדָר וּשְׁלָלֶם לָבוּז.

# I GRACE AFTER MEALS &

make them forget Your Torah, and sin against You, You, in Your great mercy, stood by them in their time of distress, You championed their cause, defended their rights, and avenged their injustice. You delivered the strong into the hands of the weak, the many into the hands of the few, the impure into the hands of the pure, the wicked into the hands of the righteous, and the arrogant into the hands of the students of Your Torah. You made for Yourself a great and holy name in Your world, and for Your people Israel You performed a great act of salvation and deliverance (unrivaled) uno this day. Afterwards, Your children came to the inner sanctum of Your house, cleansed Your Temple, purified Your sanctuary, lit candles in Your holy courtyards, and set these eight days of Chanukah for giving thanks and praise to Your great Name.

V'ata b'rachamecha harabim, amad'ta lahem b'eit tzaratam, ravta et rivam, danta et dinam, nakamta et nikmatam, masarta giborim b'yad chalashim, v'rabim b'yad m'atim, ut'me'im b'yad t'horim, ur'sha'im b'yad tzadikim, v'zeidim b'yad oskei toratecha. Ul'cha asita sheim gadol v'kadosh b'olamecha, ul'amecha Yisrael asita t'shu'a g'dola u'furkan k'hayom hazeh. V'achar kein ba'u vanecha lid'vir beitecha, u'finu et hei'chalecha, v'tiharu et mikdashecha, v'hidliku neirot b'chatzrot kodshecha, v'kav'u sh'monat y'mei Channukah eilu, l'hodot ul'haleil l'shimcha hagadol.

#### ON PURIM

For the miracles, for the salvation, for the mighty deeds, for the victories, and for the battles You performed for our ancestors in those days, at this season (we thank You).

In the days of Mordechai and Esther in the fortress city of Shushan, when there arose against them the wicked Haman, who wanted to annihilate, murder, and destroy all the Jews, young and old,

#### ON PURIM

Al hanisim v'al hapurkan v'al hag'vurot v'al hat'shuot v'al hamilchamot she'asita la'avoteinu bayamim haheim baz'man hazeh.

Bimei Mordechai v'Esther b'Shushan habira, k'she'amad aleihem Haman harasha, bikeish l'hashmid laharog ul'abeid et kol ha'y'hudim, mina'ar v'ad zakein, taf v'nashim, b'yom echad, bish'losha asar l'chodesh sh'neim asar,

וְאַתָּה בְּרַחֲמֶיךְ הַרַבִּים הֵפַרְתָּ אֶת עֲצָתוֹ וְקְלְקְלְתָּ אֶת מַחֲשֵׁבְתּוֹ וַהֲשֵׁבוֹתָ לוֹ גְמוּלוֹ בְּרֹאשׁוֹ וְתָלוּ אוֹתוֹ וְאֶת בָּנָיו עַל הָעֵץ.

ַיְעַל הַפּּל יי אֶלֹהֵינוּ אֲנַחְנוּ מוֹדִים לָךְ, וּמְבָרְכִים אוֹתָךְ, יִתְבָּרַךְ שִׁמְךָ בְּפִי כָּל חַי תָּמִיד לְעוֹלָם וָעֶד. בַּכָּתוּב, וְאָכַלְתָ וְשָׂבָעְתָ, וּבַרַרְתָּ אֶת יי אֱלֹהֶיךְ עַל הָאָרֶץ חַטֹּבָה אֲשֵׁר נָתַן לֶךְ. בָּרוּךְ אַתָּה יי, עַל הָאָרֶץ וְעַל הַמָּזוֹן.

ַרַחֵם נָא יי אָלֹחֵינוּ, עַל יִשְׂרָאַל עַמֶךָ, וְעַל יְרוּשָׁלַיִם עִיכָרָ, וְעַל צִיּוֹן מִשְׁכַן כְּבוֹדֶרָ, וְעַל מַלְכוּת בֵּית דָּוִד מְשִׁיחֶרָ, וְעַל הַבַּיִת הַגָּרוֹל וְהַקָרוֹשׁ שֶׁנְקְרָא שִׁמְךָ עָלִיו. אָלֹחֵינוּ, אָבִינוּ, וְהַרְוִיחֵנוּ, זְהַרְנַח לָנוּ יי אֶלֹחֵינוּ מְהַרָה מִכָּל לא לִיבִי מַתְּנַת בָּשָׁר וָדָם, וְלֹא לִיבֵי לא לִיבֵי מַתְּנַת בָּשָׁר וָדָם, וְלֹא לִיבֵי הַלְוָאָתָם. כִּי אִם לְיָדְךָ הַמְלֵאֶה, הַלְוָאָתָם. כִּי אַם לְיָדְךָ הַמְלֵאָה, גַבוֹשׁ וְלֹא נְכָּלֵם לָעוֹלָם וָעָר.

## ON SHABBAT

ַרְצֵה וְהַחֲלִיצֵנוּ יי אֱלֹהֵינוּ בְּמִצְוֹתֶיךָ וּבִמִצְוַת יוֹם השִׁבִיעִי הַשַּׁבָּת הַנָּרוֹל

# I GRACE AFTER MEALS 🗲

children and women, on one day, on the thirteenth (day) of the twelfth month, the month of Adar, and plunder their property, You, in Your great mercy, frustrated his plan, and ruined his plot, and cause it to backfire on him, and he and his sons were hanged on the gallows.

Adonai our God, we thank You and bless You, may Your name be blessed from the mouth of every living thing for all time. As it is said, and you shall eat, you shall be satisfied and you shall bless Adonai your God for the good land God gave you. Blessed are You God for the land and for the sustenance You provide.

Have mercy, Adonai our God, for Israel Your people, Jerusalem Your holy city, Zion where Your glory dwells, for the house of David, Your anointed one, and for the great and holy house that is called by Your name. Our God, our sustainer, shelter us and shield us, sustain and maintain us, grant us relief from our troubles. May we never have to rely on charity from those that will take advantage of us, but instead be able to always rely on Your helping hand, which is full, open and generous, so we may never be ashamed or humiliated.

#### ON SHABBAT

Adonai our God, refresh us with your commandments, among them this holy

hu chodesh Adar, ush'lalam lavoz. V'ata b'rachamecha harabim heifarta et atzato, v'kilkalta et machashavto, vahasheivota lo g'mulo b'rosho, v'talu oto v'et banav al ha'eitz.

V'al hakol Adonai Eloheinu anachnu modim lach, um'varchim otach, yitbarach shimcha b'fi kol chai tamid l'olam va'ed. Kakatuv: v'achalta v'savata u'veirachta et Adonai Elohecha al ha'aretz hatova asher natan lach. Baruch ata Adonai, al ha'aretz v'al hamazon.

Rachem na Adonai Eloheinu al Yisrael amecha, v'al Yerushalayim irecha, v'al Tzion mishkan k'vodecha, v'al malchut beit David m'shichecha, v'al habayit hagadol v'hakadosh shenikra shimcha alav. Eloheinu, avinu, r'einu, zuneinu, parn'seinu, v'chalk'leinu, v'harvicheinu, v'harvach lanu Adonai Eloheinu m'heira mikol tzaroteinu. V'na al tatz'richeinu Adonai Eloheinu lo lidei matnat basar vadam, v'lo lidei hal'va'atam, ki im l'yad'cha ham'lei'a, hap'tucha, hak'dosha v'har'chava, shelo neivosh v'lo nikaleim l'olam va'ed.

### ON SHABBAT

R'tzei v'hachalitzeinu Adonai Eloheinu b'mitzvotecha uv'mitzvat yom hash'vi'i

וְהַקָּדוֹשׁ הַזֶה. כִּי יוֹם זֶה גָּדוֹל וְקָדוֹש הוּא לְפָנֶיךָ, לִשְׁבָּת בּוֹ וְלָנוּחַ בּוֹ בְּאַהֲבָה כְּמִצְוַת רְצוֹנֶך וּבִרְצוֹנְך הָנִיחַ לְנוּ יי אֱלֹהֵינוּ, שֶׁלֹא תְהֵא צְרָה וְיָגוֹן וַאֵּלָהֵינוּ בְּנֶחָמַת צִיּוֹן עִירֶךָ, וּבְבִנְזַן יְרוּשָׁלַיִם עִיר קְדְשֶׁךָ, כִּי אַתָּה הוּא בַּעַל הַיְשׁוּעוֹת וּבַעַל הַנֶּחָמוֹת.

## ON ROSH CHODESH AND FESTIVALS

אָלהַינוּ וַאלהֵי אֲבוֹתֵינוּ, יַאֵלָה וְיָבֹא וְנַגִּיעַ וְיֵרָאֶה וְיֵרָאֶה וְיָשָׁמַע וְיִפָּקֵד וְיִזְבֵר וִכְרוֹנֵנוּ וּפִקְדוֹנֵנוּ, וְזְכְרוֹן אֲבוֹתֵינוּ, וְזְכְרוֹן מָשִׁיחַ בֶּן דָּוִד עַבְדֶּרָ וְזִכְרוֹן יְרוּשָׁלַיִם עִיר קָדְשֶׁךָ, וְזְכְרוֹן כָּל עַמְךָ בֵּית יִשְׁרָאֵל לְפָנֶיךָ, לִפְלֵטָה לְטוֹבָה לְחֵן וּלְחֶטָד וּלְרַחֲמִים, לְחַיִּים וּלִשַׁלוֹם בִּיוֹם

- ROSH CHODESH: ראש הַחֹדֶשׁ
  - םג הַמַּצוֹת PASSOVER:
    - SHAVUOT: חַג הַשָּׁבוּעוֹת
- ROSH HASHANAH: הַזִּכְּרוֹן
  - קג הַסֶּבּוֹת : зиккот

SHEMINI ATZERET/SIMCHAT TORAH: הַשְׁמִינִי חֵג הָעֲצֶרֶת

ַהַזֶּה. זַכְרֵנוּ יי אֱלֹהֵינוּ בּוֹ לְטוֹבָה

# I GRACE AFTER MEALS &

seventh day, Shabbat. It is a great and holy time that You have given us. Let us rest serenely, keeping with the desire of your will. May there be no sorrow or trouble on our day of rest. May we live to see Zion comforted, for You are the God of consolation. haShabbat hagadol v'hakadosh hazeh. Ki yom zeh gadol v'kadosh hu l'fanecha, lish'bot bo v'lanuach bo, b'ahava k'mitzvat r'tzonecha. U'virtzon'cha hani'ach lanu Adonai Eloheinu, shelo t'hei tzara v'yagon va'anacha b'yom m'nuchateinu. V'har'einu Adonai Eloheinu b'nechamat Tzion irecha, uv'vinyan Yerushalayim ir kodshecha, ki ata hu ba'al ha'y'shuot u'va'al hanechamot.

#### ON ROSH CHODESH AND FESTIVALS

On Rosh Chodesh and Festivals: Our God, God of our ancestors, let ascend, come, arrive, appear, be accepted, be heard, be recollected, and be remembered our remembrance and recollection, the remembrance of our ancestors, the remembrance of the Messiah son of David, Your servant, the remembrance of Jerusalem Your holy city, and the remembrance of all Your people the House of Israel before you, for survival, for goodness, for grace, for kindness, and for mercy, for life and for peace, on:

This day of the new month. This holiday of matzot. This holiday of Shavuot. This day of remembrance. This holiday of Sukkot. This festival of Shemini Atzeret.

#### ON ROSH CHODESH AND FESTIVALS

Eloheinu veilohei avoteinu v'imoteinu, ya'aleh v'yavo v'yagia, v'yeira'eh v'yeiratzeh, v'yishama, v'yipakeid v'yizacheir zichroneinu u'fikdoneinu, v'zichron avoteinu, v'zichron Mashiach ben David avdecha, v'zichron Yerushalayim ir kodshechah, v'zichron kol am'cha beit Yisrael l'fanecha, lif'leita l'tova l'chein ul'chesed ul'rachamim, l'chayim ul'shalom b'yom

ROSH CHODESH:	Rosh haChodesh	
PASSOVER:	chag haMatzot	
SHAVUOT:	chag haShavuot	
ROSH HASHANAH:	haZikaron	
SUKKOT:	chag haSukkot	
SHEMINI ATZERET/SIMCHAT TORAH: haSh'mini chag ha'Atzeret		

hazeh. Zachreinu Adonai Eloheinu

וּפָּקְדֵנוּ בוֹ לְבְרֶכָה וְחוֹשִׁיעֵנוּ בוֹ לְחַיִּים. וּבְרְבַר יְשׁוּעָה וְרַחֲמִים חוּס וְחָנֵנוּ וְרַחֵם עָלֵינוּ וְהוֹשִׁיעֵנוּ, כִּי אֵלֶיךָ עֵינֵינוּ, כִּי אֵל מֶלֶךְ חַנּוּן וְרַחוּם אָתָּה.

> Jerusalem, or Yerushalayim, is referred to many times in this blessing, and throughout many Jewish prayers. It is not referring to modern day Jerusalem, but rather to the idea of the Messiah and the rebuilding of the Temple, which is not something all Jews believe in. We choose to think of this as a metaphor for a time when we are no longer divided by hatred and enmity, and when peace will fill the earth as waters fill the sea.

וּבְנֵה יְרוּשָׁלַיִם עִיר הַקֹּדֶשׁ בִּמְהֵרָה בְיָמֵינוּ. בָּרוּךְ אַתָּה יי, בּוֹנֵה בְּרַחֲמֶיו יְרוּשָׁלָיִם. אָמֵן

בְּרוּךָ אַתָּה יי אֶלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הָאֵל אָבִינוּ, מַלְבֵנוּ, אַדִירֵנוּ בּוֹרְאַנוּ, גוֹאֲלֵנוּ, יוֹצְרֵנוּ, קַדוֹשֵׁנוּ קָדוֹשׁ יַעֲקָב, רוֹצֵנוּ רוֹצֵה ישָׁרָאַל. הַמֶּלֶךְ הַטוֹב, הַמֵּטִיב לַבּל, שֶׁבְּכָל יוֹם וְיוֹם הוּא הַמָּטִיב לַבּל, שָׁבְּכָל יוֹם נְיוֹם הוּא הַוּא גְמָלָנוּ, הוּא גוֹמְלֵנוּ, הוּא יִגְמְלֵנוּ הַצָּלֶה וְהַצְלֶחָה בְּרָכָה וִישׁוּעָה, נֶחֶמִים וְשַׁלוּם, וְכַלְכָלֶטוֹב, וּמִפּל טוּב לְעַדי וְשָׁלוּם, וְכַלְכָלָה, וְרַחֲמִים, לְעוֹלָם אַל יְחַסְרַנוּ.

ָּהַרַחֲמָן, הוּא יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד.

ָהָרַחֲמָן, הוּא יִתְבָּרַךְ בַּשָׁמַיִם וּבָאָרֶץ.

הַרַחֲמָן, הוּא יִשְׁתַּבַּח לְדוֹר דּוֹרִים, וְיִתְפַּאַר בָּנוּ לָעַד וּלְנֵצַח נְצָחִים, וְיִתְהַדֵּר בָּנוּ לָעַד וּלְעוֹלְמֵי עוֹלָמִים.

# I GRACE AFTER MEALS 🗲

Remember us, Adonai our God, this day for good, recall us this day for blessing, save us this day for life. With salvation and mercy, spare us, be gracious to us, have pity on us, and save us, for our eyes are upon You, for You are a gracious and merciful Divine Ruler. bo l'tova, u'fokdeinu vo livracha, v'hoshi'einu vo l'chayim. U'vidvar y'shua v'rachamim chus v'chaneinu, v'racheim aleinu v'hoshi'einu, ki eilecha eineinu, ki El melech chanun v'rachum ata.

Rebuild your city, Jerusalem, soon and in our day. Blessed are You, Adonai, who in mercy rebuilds Jerusalem, Amen.

Blessed are You, Adonai our God, ruler of the universe, our provider, our ruler, our creator, our redeemer, our Holy one; the same Holy one to Jacob, our shepherd and shepherd to all Israel. You are a ruler who is good to all, whose goodness is constant and everlasting. May You continue to grant us grace, kindness, and compassion, providing us with deliverance, prosperity, ease, life, peace, and all goodness. May You never deprive us of your goodness.

May the Merciful One reign over us for all time.

May the Merciful One be praised in the heavens and on earth.

May the Merciful One be praised in every generation, glorified through our lives, exalted through us always and for eternity. Uv'nei Yerushalayim ir hakodesh bimheira v'yameinu. Baruch ata Adonai, boneh b'rachamav Yerushalayim. Amen.

Baruch ata Adonai, Eloheinu melech ha'olam' ha'El avinu malkeinu adireinu bor'einu go'aleinu, yotz'reinu, k'dosheinu k'dosh Ya'akov, ro'einu ro'ei Yisrael, hamelech hatov v'hameitiv lakol, she'b'chol yom vayom hu heitiv, hu meitiv, hu yeitiv lanu. Hu g'malanu, hu gomleinu, hu yig'm'leinu la'ad l'chein ul'chesed ul'rachamim ul'revach hatzala v'hatzlacha b'racha vishua, nechama, parnasa v'chalkala, v'rachamim v'chayim v'shalom, v'chol tov u'mikol tuv l'olam al y'chasreinu.

Harachaman hu yimloch aleinu l'olam va'ed.

Harachaman hu yitbarach bashamayim u'va'aretz.

Harachaman hu yishtabach l'dor dorim, v'yitpa'ar banu la'ad ul'neitzach n'tzachim, v'yit'hadar banu la'ad ul'ol'mei olamim.

הָרַחֲמָן, הוּא יְפַרְנְסֵנוּ בְּכָבוֹד.

הָרַחֲמָן, הוּא יִשְׁבוֹר עֻלֵנוּ מֵעַל צַוָּארֵנוּ וְהוּא יוֹלִיבֵנוּ קוֹמְמִיּוּת לְאַרְצֵנוּ.

הַרַחֲמָן, הוּא יִשְׁלֵח לָנוּ בְּרָכָה מְרָבָּה בַּבּּיִת הַזֶּה, וְעַל שֻׁלְחָן זֶה שֶׁאָכַלְנוּ עַלֶיו.

הַרַחֲמָן, הוּא יִשְׁלַח לְנוּ אֶת אֵלְיָהוּ הַנֶּבִיא זָכוּר לַטּוֹב, וִיבַשֶּׂר לָנוּ בְּשוֹרוֹת טוֹבוֹת יִשׁוּעוֹת וְנֵחָמוֹת.

הָרַחֲמָן, הוּא יְבָרֵך:

אוֹתִי (וְאֶת אִשְׁתִּי/אִישִׁי/זַרְעִי) וְאֶת כָּל אֲשֵׁר לִי,

אֶת בַּעַל הַבַּיִת הַזֶּה וְאֶת בַּעֲלַת הַבַּיִת הַזֶּה, אוֹתָם וְאֶת בֵּיתָם וְאֶת זַרעַם וְאֶת כַּל אֵשֵׁר לָהֶם,

וְאֶת כָּל הַמְסֻבִּין כַּאן,

אוֹתָנוּ וְאֶת כָּל אֲשֶׁר לָנוּ, כְּמוֹ שֶׁנְתְבָּרְכוּ אִמּוֹתֵינוּ שֶׁרָה רִבְקָה רָחֵל וְאֵאָה: הֵיטִיב, טֹבַת, טוֹב, טוֹב, וּכְמוֹ שֶׁנִתְבָּרְכוּ אֲבוֹתֵינוּ, אַבְרָהָם יִצְחָק וְיַאֲקֹב: בַּכֹּל, מִכֹּל, כּּל. כֵּן יְבָרֵךְ אוֹתָנוּ כֶּלֶנוּ יַחַד. בִּבְרָכָה שְׁלֵמָה, וְנֹאמַר אָמֵן.

פַּמָּרוֹם יְלַמְדוּ עֲלֵיהֶם וְעָלֵינוּ זְכוּת, שֶׁתְּהֵא לְמִשְׁמֶרֶת שֶׁלוֹם, וְנִשָּׂא בְרָכָה מֵאֵת יי וּצְדָקָה מֵאֱלֹהֵי יִשְׁעַנוּ, וְנִמְצָא

This blessing for one's host has its roots in the era of the Babylonian Talmud, where Rabbi Yochanan is cited as saying that a guest should bless their host that they will never have to be ashamed in this world or blush in the next. In recognition that we no longer live in a world where it is the pretention that one's host will always be "the man of the house," the prayer is presented in the masculine plural, which is the form generally used in Hebrew when the number and gender referred to is not specified. Additionally, we cannot anticipate every possible combination of hosts a person might encounter and also maintain a reasonable degree of legibility. If one prefers to use more specifc language the passage can be edited as appropriate.

# → GRACE AFTER MEALS ←

May the Merciful One give us an honorable livelihood.

May the Merciful One break the yoke of our exile and lead us in dignity to our land.

May the Merciful One send abundant blessing to this house and to this table at which we have eaten.

May the Merciful One send us the prophet Elijah, of blessed memory, who will bring us good news of deliverance and consolation.

May the Merciful bless:

me (and my wife/ husband/ children) and all that is mine,

the hosts of this house, them and their family, and all that is theirs,

and all who are gathered here,

Just as You have blessed our ancestors, Sarah, Rebecca, Rachel, and Leah "well, goodly, better, and good" and Abraham, Isaac, and Jacob "in all, from all, with all things," so may You bless us, all of us, together with a complete blessing, and let us say Amen.

May grace be invoked from on high for them and for us, leading to enduring peace. May we receive blessings from Adonai, loving-kindness from God our Harachaman hu y'far'n'seinu b'chavod.

Harachaman hu yishbor uleinu mei'al tzav'areinu v'hu yolicheinu kom'miyut l'artzeinu.

Harachaman hu yishlach b'racha m'ruba ba'bayit hazeh, v'al shulchan zeh she'achalnu alav.

Harachaman hu yishlach lanu et Eliyahu hanavi zachur latov, vivaser lanu b'sorot tovot y'shu'ot v'nechamot.

Harachaman hu y'varech:

oti (v'et v'ishti/v'et ishi/v'et zar'i) v'et kol asher li,

et ba'al habayit hazeh, v'et ba'alat habayit hazeh, otam v'et beitam v'et zar'am v'et kol asher lahem,

V'et kol hamesubin kan,

otanu v'et kol asher lanu, k'mo she'nitbarechu imoteinu, Sarah, Rifka, Rachel, v'Leah, heitiv tovat tov tov, uch'mo she'nitbarechu avoteinu, Avraham, Yitzchak, v'Ya'akov, bakol mikol kol, kein y'varech otanu kulanu yachad, bivracha sh'leima, v'nomar amen.

Bamarom y'lamdu aleihem v'aleinu z'chut, she't'hei l'mishmeret shalom, v'nisa v'racha mei'eit Adonai utz'daka

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ַחַן וְשֵׂכֶל טוֹב בְּעֵינֵי אֱלֹהִים וְאָדָם.

## ON SHABBAT

הָרַחֲמָן, הוּא יַנְחִילֵנוּ יוֹם שֶׁכָּלוֹ שַׁבָּת וּמְנוּחָה לְחַיֵּי הָעוֹלָמִים.

## ON ROSH CHODESH

הָרַחֲמָן, הוּא יְחַדֵּשׁ עָלֵינוּ אֶת הַחֹדֶשׁ הַזֶּה לְטוֹבָה וְלִבְרָבָה.

## ON HOLIDAYS

הָרַחֲמָן, הוּא יַנְחִילֵנוּ יוֹם שֶׁכָּלוֹ טוֹב.

## ON ROSH HASHANAH

הָרַחֲמָן, הוּא יְחַרֵּשׁ עָלֵינוּ אֶת הַשָּׁנָה הַזֹאת לְטוֹבָה וְלִבְרָכָה.

### ON SUKKOT

הָרַחֲמָן, הוּא יָקִים לָנוּ אֶת סֻפַּת דְּוִד הַנוֹפָלֶת.

הָרַחְמָן הוּא יַשְׁפִּין שֶׁלוֹם בֵּין בְּנֵי שְׂרָה וּבֵין בְּנֵי הַגָּר.

הַרַחְמָן הוּא יְבָרֵךְ אֶת אֲחֵינוּ הַנְּתוּנִים בְּצָרָה וְיוֹצִיאָם מֵאֲפֵלָה לְאוֹרָה.

הָרַחְמָן הוּא יַשְׁפִּין שָׁלוֹם בֵּין בְּנֵי אָדָם וְהָאֲדָמָה.

> הָרַחֲמֶן, הוּא יְזַבֵּנוּ לִימוֹת הַמָּשִׁיחַ וּלְחַיֵּי הָעוֹלָם הַבָּא.

# I GRACE AFTER MEALS 🗲

deliverer. May we find grace and good favor in the eyes of God and humanity.

**ON SHABBAT:** May the Merciful One grant us a day of true rest and restoration, reflecting the life in the world to come.

ON ROSH CHODESH: May the Merciful One renew this month for goodness and for blessing.

**ON HOLIDAYS:** May the Merciful One grant us a day that is truly good.

ON ROSH HASHANAH: May the Merciful One renew this year for goodness and for blessing.

**ON SUKKOT:** May the Merciful One restore the glory of King David.

May the Merciful One instill peace between the children of Sarah and the children of Hagar.

May the Merciful One bless all people who are in dire straits and take them out of darkness into light.

May the Merciful One instill peace between humans and the Earth.

May the Merciful One consider us worthy of the messianic era and life in the world to come. mei'Elohei yisheinu, v'nim'tza chein v'seichel tov b'einei Elohim v'adam.

ON SHABBAT: Harachaman hu yan'chilenu yom she'kulo Shabbat um'nucha l'chayei ha'olamim.

ON ROSH CHODESH: Harachaman hu y'chadesh aleinu et hachodesh hazeh l'tova v'livracha.

ON HOLIDAYS: Harachaman hu yan'chileinu yom she'kulo tov.

ON ROSH HASHANAH: Harachaman hu y'chadeish aleinu et hashshana hazot l'tovah v'livracha.

ON SUKKOT: Harachaman hu yakim lanu et sukkat David hanofalet.

Harachaman hu yashkin shalom bein b'nei Sarah uvein b'nei Hagar.

Harachaman hu y'vareich et acheinu ha'n'tunim b'tzarah v'yotzi'eim mei'a'feilah l'orah.

Harachaman hu yashkin shalom bein b'nei Adam v'ha'adamah.

harachaman hu yezakenu limot hamashiach ul'chayei haolam haba.

ON SHABBAT AND FESTIVALS: מִגְדוֹל

ON ALL OTHER DAYS: מֵגְדִּיל

יְשׁוּעוֹת מַלְּבּוֹ, וְעָשֶׁה חֶסֶד לְמְשִׁיחוֹ לְדָוִד וּלְזַרְעוֹ עַד עוֹלָם. עֹשֶׁה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשָׂה שָׁלוֹם, עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְכָל ישְׁבֵי תֵבֵל, וְאִמְרוּ אָמֵן.

יְרָאוּ אֶת יי קְדוֹשִׁיו, כִּי אֵין מַחְסוֹר לִיְרֵאָיו. כְּפִירִים רָשׁוּ וְרָעֵבּוּ, וְדוֹרְשֵׁי יי לֹא יַחְסְרוּ כָל טוֹב. הוֹדוּ לֵיי כִּי טוֹב, כִּי לְעוֹלָם חַסְדּוֹ. פּוֹתֵחַ אֶת יָדֶךָ, וּמַשְׂבִיעַ לְכָל חַי רָצוֹן. כָּרוּךָ הַגֶּבֶר אֲשֶׁר יִבְטַח בַיי, וְהָיָה יי מִבְטַחוֹ. [לוּ יַהִי] נַעַר הָיִיתִי גֵם זָקַנְתִי וְלֹא רָאִיתִי עַצֵּוֹ יִתֵּן, יי יְבָרֵךְ אֶת עַמּוֹ בַשָּׁלוֹם: לְעַמּוֹ יִתֵּון, יי יְבָרֵךְ אֶת עַמּוֹ בַשָּׁלוֹם:

The phrase "May it be that we never see a righteous person forsaken nor their children beg for bread" is often translated as "I have never seen a righteous person forsaken nor their children beg for bread," a phrase that immediately rings false. Rabbi Lord Jonathan Sacks' interpretation of that line is: "The verb raivti (seen) is also used in the Book of the Esther (8:6) but there it has quite a different meaning than just 'saw.' In that verse it means 'How can I bear to watch,' in other words becoming a passive spectator of the events happening around you. Translated thus, the verse in psalms that we use to end benching now becomes 'I was young and now am old and I have not merely stood by and watched when the righteous was forsaken and his children forced to be for bread."" (Jonathan Sacks, To Heal a Fractured World, p. 58).

# → GRACE AFTER MEALS ←

God, who is the tower of strength, is the source of delivery for God's king, lovingkindness for God's anointed one, David, and his offspring for all eternity. May God who brings peace to the universe bring peace to us and all Israel and the entire world. And let us say, Amen.

Revere Adonai, you who are holy, for those that revere You will lack for nothing. The wicked may suffer, but those that seek You will not be denied. Thank You for You are good; Your love endures for all time. You open your hand and satisfy the needs of every living thing. Blessed are those who trust in Adonai, Adonai is their security. May it be that we never see a righteous person forsaken nor their children beg for bread. God, grant your people strength; God, bless all people with peace.

#### ON SHABBAT AND FESTIVALS: Migdol

#### ON ALL OTHER DAYS: Magdil

y'shuot malko v'oseh chesed lim'shicho l'David ul'zar'o ad olam. Oseh shalom bimromav hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yosh'vei teivel v'imru amen.

Y'ru et Adonai k'doshav ki ein machsor lirei'av. K'firim rashu v'ra'eivu v'dorshei Adonai lo yach'seru chol tov. Hodu l'Adonai ki tov ki l'olam chasdo. Potei'ach et yadecha u'masbia l'chol chai ratzon. Baruch hagever asher yivtach b'Adonai v'haya Adonai mivtacho. [Lu yehi] Na'ar hayiti gam zakanti v'lo ra'iti tzadik ne'ezav v'zaro m'vakesh lachem. Adonai oz l'amo yitein Adonai y'vareich et amo vashalom.

# א שבע ברכות 🐣

The seven blessings recited have their source in the Talmud, where the blessings for a wedding are discussed. In each place that refers to the couple, we have changed the original text to allow for multiple options of pairings. The first option is "Bride and Bride" or "Kallah v'Kallah," the second is "Groom and Groom" or "Chatan v'Chatan," and the third is "Groom and Bride" or "Chatan v'Kallah."

- בְּרוּך אַתָּה יי אֶלֹהֵינוּ מֶלֶך הָעוֹלָם,
  שֶׁהַכֹּל בָּרָא לִכְבוֹדוֹ.
- 2. בָּרוּך אַתָּה יי אֱלֹהֵינוּ מֶלֶך הָעוֹלָם, יוֹצֵר הָאָדָם.
- 3. בָּרוּךְ אַתָּה יי אֶלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר יָצַר אֶת הָאָדָם בְּצַלְמוֹ, בְּצֶלֶם דְמוּת תַּבְנִיתוֹ, וְהִתְקִין לוֹ מִמֶנוּ בּוְּנֵן אֲדֵי עַד. בָּרוּךָ אַתָּה יי, יוֹצֵר הָאָדָם.
  - 4. שׂוֹשׁ תַּשִׂישׁ וְתָגַל הַעֲקָרָה בְּקִבּוּץ בָּנֶיהָ לְתוֹכָה בְּשֹׁמְחָה. בְּרוּך אַתָּה יי, מְשַׂמֵחַ צִּיוֹן בְּבָנֶיהָ.
  - 5. שַׂמַחַ הְשַׂמַח רֵעִים הָאֲהוּבִים / רֵעוֹת הָאֲהוּבִים / רֵעוֹת הָאֲהוּבּוֹת כְּשַׂמֵחָך יְצִירְך בְּעוֹת הָאֲהוּבִים, בְעוֹת הָאֲהוּבִים, בְעוֹת הַאֲהוּבִים, בַּעוֹך מִקֶדֶם. בָּרוּך אַתָּה יי, מְשַׂמֵחַ בַּלָה וְבַלָה / חָתָן וְחָתָן / חָתַן וְבַלָה.
- 6. בָּרוּך אַתָּה יי אֶלֹהֵינוּ מֶלֶך הָעוֹלֶם, אֲשֶׁר בָּרָא שָׁשוֹן וְשִׁמְחָה, כַּלָה וְכַלָה / חָתָן וְחָתָן / חָתָן וְכַלֶה, גּילָה רְנָה דִּיצָה וְחֶדְזָה, אַהֲבָה וְאָחֵזָה וְשָׁלוֹם וְרַעוּת. מְהֵרָה

# 25 → SEVEN BLESSINGS FOR A WEDDING ←

- Blessed are You, Adonai our God, ruler of the universe, who created everything for God's glory.
- Blessed are You, Adonai our God, ruler of the universe, who created humankind.
- 3. Blessed are You, Adonai our God, ruler of the universe, who fashioned humanity in God's image, the image of God's likeness, and made for humanity a perpetual form. Blessed are You, Adonai, who created humankind.
- 4. Bring great joy to the land and gather her children to her. Blessed are You, Adonai, who gladdens Zion with her children.
- Gladden the beloved partners, as You gladdened the couple in Eden long ago. Blessed are You, Adonai, gladdener of bride and bride / groom and groom / groom and bride.
- 6. Blessed are You, Adonai our God, ruler of the universe who created gladness & joy, bride and bride / groom and groom / groom and bride, mirth, song, pleasure, delight, love & family, peace & partnership. Adonai our God,

- Baruch ata Adonai Eloheinu melech ha'olam, she'hakol bara lichvodo.
- Baruch ata Adonai Eloheinu melech ha'olam, yotzeir ha'adam.
- 3. Baruch ata Adonai Eloheinu melech ha'olam, asher yatzar et ha'adam b'tzalmo, b'tzelem d'mut tavnito, v'hitkin lo mimenu binyan adei ad. Baruch ata Adonai, yotzeir ha'adam.
- Sos tasis v'tagel ha'akara b'kibutz baneha l'tocha b'simcha. Baruch ata Adonai m'samei'ach Tzion b'vaneha.
- 5. Samei'ach t'samach rei'im ha'ahuvim / rei'ot ha'ahuvot k'sameichacha y'tzircha b'gan eiden mikedem. Baruch ata Adonai, m'samei'ach kala v'chalah / chatan v'chatan / chatan v'chalah.
- 6. Baruch ata Adonai Eloheinu melech ha'olam, asher bara sason v'simcha, kala v'chalah / chatan v'chatan / chatan v'chalah, gila, rina, ditza v'chedva, ahava v'achava v'shalom v'rei'ut. M'heira Adonai Eloheinu

# א שבע ברכות 🔶

יי אֱלהֵינוּ יִשְׁמֵע בְּעָרֵי יְהוּדָה וּבְחֻצוֹת יְרוּשֶׁלָיִם קוֹל שָׁשׁוֹן וְקוֹל שִׁמְחָה, קוֹל כַּלָה וְקוֹל כַּלָה / קוֹל חַתָן וְקוֹל חָתָן / קוֹל חָתָן וְקוֹל כַּלָה, קוֹל מִצְהֲלוֹת חֲתָנִים מֵחֻפָּתָם וּנְעָרִים מִמִּשְׁתֵּח נְגִינָתָם. בָּרוּךְ אַתָּה יי, מְשַׁמֵחַ כַּלָה עִם הַכַּלָה.

7. בָּרוּך אַתָּה יי אֶלֹהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

# 27 → SEVEN BLESSINGS FOR A WEDDING &

let us hear in the cities of Judah and yards of Jerusalem the voice of joy & gladness, the voice of the bride and bride / groom and groom / groom and bride, the voice of jubilance from those wed at their chuppa, and of youths feasting. Blessed are You, Adonai, who gladdens the bride and bride / groom and groom / groom and bride.

7. Blessed are You, Adonai our God, ruler of the universe, who creates the fruit of the vine. yishama b'arei Yehuda uv'chutzot Yerushalayim kol sason v'kol simcha, kol kala v'kol chalah / kol chatan v'kol chatan / kol chatan v'kol kala, kol mitz'halot chatanim m'chupatam un'arim mimishtei n'ginatam. Baruch ata Adonai, m'samei'ach kala im hachalah / chatan im hachatan / chatan im hachalah.

**7.** Baruch ata Adonai Eloheinu melech ha'olam, borei p'ri hagafen.

# 🔶 הדלקת נרות 🗲

This mitzvah was initially instated as a practical matter: as lighting a fire is one of the acts prohibited on Shabbat, the Rabbis wanted to ensure that people lit candles before Shabbat started so they would have light in the evening. The Rabbis were especially concerned that if people were stuck in the dark it would cause families to fight and turn the day into a burden rather than a delight. This illuminates an important point: the mitzvot should not be sources of strife and misery—we should take steps to ensure that we observe them in a way that brings joy, not strife.

Lighting candles has come to have additional spiritual significance: two candles are lit in recognition of the double commandment to "keep" and "remember" Shabbat. Some have a tradition to light a candle for each child in the household.

Normally, one recites a blessing before performing a mitzvah, however most people take upon themselves the prohibitions of Shabbat immedietly as they recite the blessing, which would then mean the candles could not be lit. The tradition has developed to cover one's eyes immedietly after lighting the candles, so as not to "experience" the candles until the blessing has been recited.

בָּרוּךָ אַתָּה יי אֶלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק נֵר שֵׁל

ON SHABBAT: שַׁבּתָ.

יום טוב. ON HOLIDAYS:

ON A HOLIDAY THAT IS ALSO SHABBAT: שֵׁבַּת וְשֵׁל יוֹם טוֹב.

יוֹם הַכָּפּוּרִים. ON YOM KIPPUR:

WHEN YOM KIPPUR STARTS ON SHABBAT: שַׁבָּת וְשֶׁל יוֹם הַכִּפּוּרִים

ON HOLIDAYS, ADD THE FOLLOWING BLESSING:

בְּרוּך אַתָּה יי, אֱלֹהֵינוּ מֶלֶך הָעוֹלָם, שֶׁהֶחֶיָנוּ וְקִיְמָנוּ וְהִגִּיעָנוּ לַוְמַן הַזֶּה.

# → CANDLE LIGHTING ←

Blessed are You Adonai our God, ruler of the universe, who has sanctified and made us holy with your commandments, commanding us to kindle lights for:

Shabbat.

the holiday.

Shabbat and for the holiday.

the Day of Atonement.

Shabbat and the Day of Atonement.

## ON HOLIDAYS, ADD THE FOLLOWING BLESSING:

Blessed are You Adonai our God, ruler of the universe, who has given us life and sustenance and brought us to this happy occasion. Baruch ata Adonai Eloheinu melech ha'olam, asher kid'shanu b'mitzvotav v'tzivanu l'hadlik ner shel

ON SHABBAT: Shabbat.

ON HOLIDAYS: Yom Tov.

ON A HOLIDAY THAT IS ALSO SHABBAT: Shabbat v'shel Yom Tov.

ON YOM KIPPUR: Yom Hakipurim.

WHEN YOM KIPPUR STARTS ON SHABBAT: Shabat v'shel Yom Hakipurim.

## ON HOLIDAYS, ADD THE FOLLOWING BLESSING:

Baruch ata Adonai Eloheinu melech ha'olam, she'hecheyanu v'ki'manu v'higi'anu laz'man hazeh.

# א שלום עליכם 🗲

שָׁלוֹם אֲלֵיכֶם מַלְאֲבֵי הַשָּׁרֵת מַלְאֲבֵי עֶלְיוֹן, מִמֶּלֶךְ מַלְבֵי הַמְּלָבִים הַקֶּרוֹשׁ בָּרוּך הוּא.

בּוֹאֲכֶם לְשָׁלוֹם מַלְאֲבֵי הַשָּׁלוֹם מַלְאֲבֵי עֶלְיוֹן, מִמֶּלֶך מַלְבֵי הַמְּלָבִים הַקֵּדוֹשׁ בָּרוּך הוּא.

בּרְכוּנִי לְשָׁלוֹם מַלְאֲבֵי הַשָּׁלוֹם מַלְאֲבֵי עֶלְיוֹן, מִמֶּלֶךְ מַלְבֵי הַמְּלָבִים הַקָּדוֹשׁ בָּרוּךְ הוּא.

צַאתְכֶם לְשָׁלוֹם מַלְאֲבֵי הַשָּׁלוֹם מַלְאֲבֵי עֶלְיוֹן, מִמֶּלֶך מַלְבֵי הַמְלָבִים הַקֶּדוֹשׁ בָּרוּך הוּא.

# -> SHALOM ALEICHEM &

Peace to you, attending angels, messengers of the Most High, the Supreme Ruler, the Blessed Holy One.

Come in peace, angels of peace, messengers of the Most High, the Supreme Ruler, the Blessed Holy One.

Bless me with peace, angels of peace, messengers of the Most High, the Supreme Ruler, the Blessed Holy One.

Go in peace, angels of peace, messengers of the Most High, the Supreme Ruler, the Blessed Holy One. Shalom aleichem, malachei hashareit, malachei elyon, mimelech malchei ham'lachim, hakadosh baruch hu.

Bo'achem l'shalom, malachei hashalom, malachei elyon, mimelech malchei ham'lachim, hakadosh baruch hu.

Barchuni l'shalom, malachei hashalom, malachei elyon, mimelech malchei ham'lachim, hakadosh baruch hu.

Tzeitchem l'shalom, malachei hashalom, malachei elyon. mimelech malchei ham'lachim hakadosh baruch hu.

# 🔶 ברכת הבנים 🗲

The ones giving the blessing place their hands on the head of the ones receiving the blessing and recite the following:

> FOR GIRLs יְשִׂימֵךְ אֱלֹהִים כְּשֶׂרָה רִבְקָה רָחֵל וְלֵאָה.

> > FOR BOYS יְשִׂימְךָ אֱלֹהִים כַּאַפְרַיִם וְכַמַנַשֵׁה.

## THEN CONTINUE

יְבָרֶכְרָ יי וְיִשְׁמְעֶרָ. יָאֵר יי פָּנָיו אֵלֶיךְ וִיחֻנֶּךָ. יִשְׂא יי פָּנָיו אֵלֶיךְ וְיָשֵׁם לְךָ שָׁלוֹם. The tradition of blessing one's offspring has its roots in the Biblical narratives and the Patriarchs blessing their sons. The following formulation alludes to this by first comparing the person being blessed to our Biblical ancestors. The second portion of the blessing however quotes the language that God tells Aharon to use when blessing the entire nation, connecting the relationship between the people of Israel and God to that which ideally exists between the generations within a family.

In most cases, the blessing is said by a parent for their child, but there is no reason that another family member could not use this formula to bless someone that they care for. Similarly, there is no age limit for receiving the blessing, it is as applicable to say over an infant as an adult.

It is also possible to expand the blessing with details particular to the person being blessed—that they may overcome a particular challenge, achieve a specific goal—whatever the person giving the blessing chooses.

# 33 BLESSING FOR THE YOUNGER GENERATION

The ones giving the blessing place their hands on the head of the ones receiving the blessing and recite the following:

## FOR GIRLS:

May God make you like Sarah, Rebecca, Rachel and Leah.

### FOR BOYS:

May God make you like Ephraim and Menashe.

## THEN CONTINUE:

May God bless you and keep you. May God make the light of God's face to shine upon you and grant you grace. May God look upon you and grant you peace. The ones giving the blessing place their hands on the head of the ones receiving the blessing and recite the following:

### FOR GIRLS:

Y'simech Elohim k'Sarah, Rivkah, Rachel, v'Leah.

## FOR BOYS:

Y'simcha Elohim k'Ephraim v'chi'Menashe.

### THEN CONTINUE:

Y'varechecha Adonai v'yishmarecha. Ya'er Adonai panav eilecha vi'y'chunekah. Yisah Adonai panav eilecha v'yasem l'cha shalom.

# 🔶 נטילת ידים 🗲

Pour water over both hands and recite the blessing. Traditionally, one does not speak between this blessing and the blessing of bread.

בָּרוּךְ אַתָּה יי אֶלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר מִדְשָׁנוּ בְּמִצְוֹתָיו, וְצִנְנוּ עַל נְטִילַת יָדַיִם.

# רמוציא 🗲

On Shabbat and holidays, Jews make this blessing over at least two loaves, in recognition of the double portion of manna that God provided in the desert for Israelites.

בָּרוּך אַתָּה יי אֶלהֵינוּ מֶלֶך הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

## שנה טובה ומתוקה 🐣

בָּרוּךְ אַתָּה יי אֶלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הָעֵץ. יְהִי רָצוֹן מִלְפָנֶיךְ יי אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ, שֶׁתְּחַבֵּשׁ עָלֵינוּ שֶׁנָה טוֹכָה וּמְתוּקָה כַּדְכָשׁ. During a festive meal on Rosh Hashanah, apples and honey are added to the group of special foods blessed and eaten before the meal. Dip a slice of apple in honey and recite the blessing.

## AND WASHING 🗲

Blessed are You, Adonai our God, ruler of the universe, who has sanctified us with your commandments, and commanded us concerning the washing of the hands. Baruch ata Adonai, Eloheinu melech ha'olam, asher kidshanu b'mitzvotav vitzivanu al n'tilat yadayim.

# -> HAMOTZI &

Blessed are You, Adonai our God, ruler of the universe, who has brought forth bread from the earth. Baruch ata Adonai, Eloheinu melech ha'olam, hamotzi lechem min ha'aretz.

## APPLES IN HONEY &

Blessed are You, Adonai our God, ruler of the universe, who creates the fruit of the tree. May it be your will to renew for us a good and sweet year. Barukh ata Adonai Eloheinu melech ha'olam, borei p'ri ha'eitz. Y'hi ratzon she'ti'chadesh aleinu shanah tovah um'tu-kah.

# 🔶 קידוש לליל שבת

Kiddush is the declaration of the sanctity of the day. In order that the declaration and sanctification be connected to a physical act, the blessing is recited over a glass of wine or grape juice. If for health reasons one cannot drink grape juice or wine, then kiddush can also be recited over the challot.

Kiddush also establishes the beginning of the meal, and should be said at the table, even if it has already been recited as part of the synagogue service.

Incidentally, the tradition in Ashkenazic synagogues of reciting Kiddush at the end of the service derived from a practice of hosting travellers at the Synagogue, and thereby ensured that they would hear Kiddush. Sephardic communities never adopted this practice, taking a community duty to open their individual homes to travellers for meals and lodging. Some Sephardic homes still have the practice of setting extra places at the table in case someone shows up in need of a meal.

Kiddush is recited before the blessing over the bread, as a blessing over bread suffices for everything consumed during the meal and would pre-empt the blessing over wine. As a result, the bread is covered so that it is symbolically removed from the table and thereby

וַיְהִי עֶרֶב וַיְהִי בֹקֶר

יוֹם הַשִּׁשִׁי. וַיְכָלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל אְבָאָם. וַיְכַל אֱלֹהִים בַּיוֹם הַשְׁבִיעֵי מְלַאַרְתּוּ אֲשֶׁר עֲשָׁה, וַיִשְׁבֹת בַּיּוֹם הַשְׁבִיעִי מִכָּל מְלַאַרְתּוֹ אֲשֶׁר עֲשָׁה. וַיְבָרֶך אֱלֹהִים אֶת יוֹם הַשְׁבִיעִי וַיְקַדֵּשׁ אתוֹ, כִּי בוֹ שָׁבַת מִכָּל מְלַאַרְתּוֹ אֲשֶׁר בָּרֶא אֱלֹהִים לַעֲשׁוֹת.

סַבְרִי,

בָּרוּך אַתָּה יי אֱלֹהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

בְּרוּהָ אַתָּה יי אָלֹהֵינוּ מֶלֶךְ הָעוּלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתֶיו וְרָצָה בְנוּ, וְשַׁבַּת קֶרְשׁו בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, וִבְּרוֹן לְמַעֲשֵׂה בְרֵשִׁית. בִּי הוּא יוֹם מִצְרָים. כִּי בְנוּ בְחַרְתָּ וְאוֹתָנוּ קְדַשְׁתָּ מִכָּל הַעַמִים. וְשַׁבַת קֵרְשְׁרָ בְאַהֲבָה וּבְרָצוֹן הַעַמִים. וְשַׁבַת קֵרְשְׁרָ בְאַתָּבָה וּבְרָצוֹן הַשַׁבַּת.

DURING CHOL HAMOED SUKKOT ADD

בּרוּך אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לֵישֵׁב בַּסֶּכָּה.
## 37 -> KIDDUSH FOR FRIDAY NIGHT &-

#### It was evening and it was morning.

On the sixth day, the heavens and the earth and all their attendants were completed. For God had finished by the seventh day God's work which God had made, and God rested on the seventh day from all God's work that God had created to function thenceforth.

#### With your attention!

Blessed are You, Adonai our God, who creates the fruit of the vine.

Blessed are You, Adonai God, ruler of the universe. You have sanctified and made us holy with your precepts and shown your favor. With loving favor You have given us, as a testimony to the creation of the world your holy Shabbat. That day is the first of the holy convocations recalling our going forth from Egypt. From all peoples You have chosen us by sanctifying us, and with loving favor You have caused us to inherit your holy Shabbat. Blessed are You, Adonai, who makes holy Shabbat.

## DURING CHOL HAMOED SUKKOT ADD

Blessed are You, Adonai God, ruler of the universe, who has sanctified us with your precepts and commanded us to dwell in the Sukkah.

#### Va'y'hi erev va'y'hi boker

Yom hashishi. Vay'chulu hashamayim v'ha'aretz v'chol tz'va'am. Vay'chal Elohim bayom hashvi'i m'lachto asher asa, vayishbot bayom hashvi'i mikol m'lachto asher asa. Va'y'varech Elohim et yom hashvi'i va'y'kadesh oto, ki vo shavat mikol m'lachto asher bara Elohim la'asot.

### Savri.

Baruch ata Adonai Eloheinu melech ha-olam, borei p'ri hagafen.

Baruch ata Adonai Eloheinu melech ha'olam, asher kid'shanu b'mitzvotav v'ratza vanu, v'Shabbat kodsho b'ahava uv'ratzon hin'chilanu zikaron l'ma'asei v'reishit. Ki hu yom t'chila l'mikra'ei kodesh, zeicher litzi'at Mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'Shabbat kodsh'cha b'ahava uv'ratzon hinchaltanu. Baruch ata Adonai, m'kadeish haShabbat.

## DURING CHOL HAMOED SUKKOT ADD

Baruch ata Adonai Eloheinu melech ha'olam, asher kid'shanu b'mitzvotav v'tzivanu lei'sheiv ba'sukkah.

## 🔶 קידוש לליל יום טוב 🔶

avoids the question of whether the blessing over the bread should take precedence over the blessing for the wine.

In most communities, the tradition is to recite kiddush while standing, holding the wine in one's right hand, and then upon completing the blessing sitting down to drink. The glass is usually filled to just overflowing representing the trust that our needs will always be met.

When one person recites kiddush on behalf of others present, that person drinks a small amount of wine, and then passes the wine to each person to have some of the kiddush wine. If there is not enough for everyone to drink from the cup, then more wine is added before the cup is drained so that everyone gets a little bit.

### ON FRIDAY NIGHT BEGIN HERE

וַזְהִי עָרֶב וַיְהִי בֹעֶר יוֹם הַשָּׁשִׁי. וַיְכָלוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם. וַיְכַל אֱלֹהִים בַּיוֹם הַשְׁבִיעִי מְלַארְתוֹ אֲשֶׁר עָשָׁה, וַיִשְׁבֹת בַּיוֹם הַשְׁבִיעי מִכֶּל מְלַארְתוֹ אֲשֶׁר עָשָׁה. וַיְבָרֶך אֱלֹהִים אֶת יוֹם הַשְׁבִיעי וַיְקַדֵּשׁ אֹתוֹ, כִּי בוֹ שֶׁבַת מִכָּל מְלַארְתוֹ אֲשֶׁר בָּרָא אֱלֹהִים לַעֵּשוֹת.

## ON SATURDAY NIGHT BEGIN HERE

בָּרוּך אַתָּה יי אֱלֹהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא מְאוֹרֵי הָאֵשׁ.

בָּרוּךְ אַתָּה יי אֵלֹהֵינוּ מֶלֶךְ הָעוּלָם, הַמַּבְדִּיל בֵּין קָדֶשׁ לְחוֹל, בֵּין אוֹר לְחוֹשֶׁךְ, בֵּין יִשְׁרָאֵל לְעַמִים, בֵּין יוֹם הַשְׁבִיעִי לְשֵׁשֶׁת יְמֵי הַמַּעֲשֶׁה. בִּין קָדְשַׁת שַׁבָּת לְקָדִשֶׁת יוֹם טוֹב הִבְדַּלְתָּ וְאֶת יוֹם הַשְׁבִיעִי מִשֵׁשֶׁת יְמֵי הַמַּעֲשֶׂה קְדַשְׁתָּ. הִבְדַלְתָ וְקַדַשְׁתָ יי הַמַּבִדִּיל בֵּין קָדֵשׁ לְקָדֵשׁ.

ON OTHER DAYS BEGIN NEXT PAGE

## 39 -> KIDDUSH FOR HOLIDAY EVE &

#### ON FRIDAY NIGHT, BEGIN HERE

It was on the sixth day the heavens and the earth and all their attendants were completed. For God had finished by the seventh day God's work that God had made, and God rested on the seventh day from all God's work that God had created to function thenceforth.

#### ON FRIDAY NIGHT, BEGIN HERE

Va'y'hi erev va'y'hi boker Yom hashishi. Vay'chulu hashamayim v'ha'aretz v'chol tz'va'am. Vay'chal Elohim bayom hashvi'i m'lachto asher asa, vayishbot bayom hashvi'i mikol m'lachto asher asa. Va'y'varech Elohim et yom hashvi'i va'y'kadesh oto, ki vo shavat mikol m'lachto asher bara Elohim la'asot.

#### ON SATURDAY NIGHT, BEGIN HERE

Blessed are You, Adonai, ruler of the universe, who creates the lights of the flame.

Blessed are You, Adonai our God, ruler of the universe, who distinguishes between the holy and mundane, between light and dark, between Israel and the nations, between the Sabbath and six days of labor. You have distinguished between the holiness of Shabbat and the holiness of holidays; distinguished and sanctified Israel in your holiness. Blessed are You, Adonai, who distinguishes between different kinds of holiness.

#### ON SATURDAY NIGHT, BEGIN HERE

Baruch ata Adonai Eloheinu melech ha'olam borei m'orei ha'eish.

Baruch ata Adonai Eloheynu melech ha'olam, hamavdil beyn kodesh l'chol, bein or l'choshech, bein Yisrael la'amim, bein yom hashvi'i l'sheishet y'mei hama'aseh. Bein kedushat Shabbat l'kedushat Yom Tov hivdalta, v'et yom hashvi'i m'sheishet y'mei hama'aseh kidashta, hivdalta v'kidashta et Yisrael b'k'dushatecha. Baruch ata Adonai, hamavdil bein kodesh l'kodesh.

#### ON OTHER DAYS BEGIN NEXT PAGE

ON OTHER DAYS BEGIN NEXT PAGE

## 40

סַבְרִי,

בְּרוּך אַתָּה יי אֱלֹהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

On Friday night include the words in parentheses.

בָּרוּךְ אַתָּה יי אָלהֵינוּ מֶלֶךְ הָעוּלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל עָם, וְרוֹמְמָנוּ מִכָּל לְשׁון, וְמְדְּשָׁנוּ בְּמִצְוֹתָיו. וַתִּתֶּן לָנוּ יי אֶלהֵינוּ בְּאַהֲכָה (שַׁבָּתוֹת לְמְנוּחָה וּ) מוֹעֲדִים לְשִׁמְחָה, חַגִּים וּוְמַנִּים לְשָׁשוֹן, אֶת יוֹם (הַשַּׁבָּת הַזֶּה וְאֶת יוֹם):

ON PASSOVER

חַג הַמַּצוֹת הַזֶּה, זְמַן חֵרוּתֵנוּ,

#### ON SHAVUOT

חַג הַשָּׁבוּעוֹת הַזֶּה, זְמַן מַתַּן תּוֹרַתֵּנוּ,

ON SUKKOT

חַג הַסְּכּוֹת הַזֶּה, זְמַן שִׂמְחָתֵנוּ,

ON SHEMINI ATZERET / SIMCHAT TORAH

הַשְׁמִינִי חַג הָעֲצֶרֶת הַזֶּה, זְמַן שִׂמִחַתֵּנוּ,

(בְּאַהֲבָה) מִקְרָא קדֶשׁ, זֵכֶר לִיצִיאַת מִצְרָיִם. כִּי בָנוּ בָּחַרְתָּ וְאוֹתָנוּ קִדַּשְׁתָ מִכֶּל הָעַמִים. (וְשַׁבָּת) וּמוֹעֲבי קָדְשֶׁךָ (בְאַהֲבָה וּבְרַצוֹן) בְּשִׂמְחָה וּבְשָׁשוֹן הַנְחַלְמָנוּ. בָרוּך אַתָּה יי, מִקַדֵּשׁ

## 41 -> KIDDUSH FOR HOLIDAY EVE &

### With your attention!

Blessed are You, Adonai our God, ruler of the universe, who creates the fruit of the vine.

# On Friday night include the words in parentheses.

Blessed are You, Adonai our God, ruler of the universe, who chose us from all nations and elevated us among all languages. You have given us, Adonai our God, with love (Sabbaths to rest and) festivals of happiness, holidays and seasons for rejoicing, this (Shabbat day and this)

#### ON PASSOVER:

holiday of Matzot, time of our freedom,

### ON SHAVUOT:

holiday of shavuot, time of our receiving the Torah,

#### ON SUKKOT:

holiday of Sukkot, time of our rejoicing,

### ON SHEMINI ATZERET / SIMCHAT TORAH:

holiday Shemini Atzeret, time of our rejoicing,

providing (with love) a declaration of holiness in memory of the Exodus. For You have chosen and sanctified us among all people giving us (Shabbat Savri:

Baruch ata Adonai Eloheinu melech ha'olam borei p'ri hagafen.

On Friday night include the words in parentheses.

Baruch ata Adonai Eloheinu melech ha'olam, asher bachar banu mikol am v'rom'manu mikol lashon, v'kid'shanu b'mitzvotav. Va'titen lanu Adonai Eloheinu b'ahava (Shabbatot lim'nu'cha u-) mo'a'dim l'simcha, chagim uzmanim l'sason, et yom (haShabbat hazeh v'et yom)

#### ON PASSOVER:

Chag haMatzot hazeh, z'man cheiruteinu,

### ON SHAVUOT:

Chag haShavuot hazeh, z'man matan Torateinu,

#### ON SUKKOT:

Chag haSukkot hazeh, z'man simchateinu,

### ON SHEMINI ATZERET / SIMCHAT TORAH:

Hash'mini chag ha'Atzeret hazeh, z'man simchateinu,

(b'ahava) mikra kodesh, zeicher li'tzi'at Mitz'rayim. Ki vanu vacharta, v'otanu kidashta mikol ha'amim, (v'Shabbat) umo'adei kod'shecha

## 🔶 קידוש לליל יום טוב 🔶 🖌

(הַשַּׁבָּת וְ) יִשְׂרָאֵל וְהַזְּמַנִּים.

ON SUKKOT ADD

בּרוּך אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לֵישֵׁב בַּסֻּכָּה.

### ON ALL NIGHTS EXCEPT THE LAST NIGHTS OF PESACH ADD

בּרוּך אַתָּה יי אֱלֹהֵינוּ מֶלֶך הָעוֹלָם, שֶׁהֶחֶיָנוּ וְקַיְּמָנוּ וְהַגִּיעָנוּ לַזְמַן הַזֶּה.

## 43 -> KIDDUSH FOR HOLIDAY EVE 🔶

and) your holy festivals with happiness and rejoicing. Blessed are You, Adonai our God, who sanctifies (Shabbat and) Israel and the seasons.

ON SUKKOT ADD

Blessed are You Adonai our God, ruler of the universe, who sanctifies us with his precepts and commands us to dwell in the Sukkah. (b'ahava uv'ratzon) b'simcha uv'sason hinchaltanu. Baruch ata Adonai m'kadeish (haShabbat v') Yisrael v'haz'manim.

### ON SUKKOT ADD

Baruch ata Adonai Eloheinu melech ha'olam, asher kid'shanu b'mitzvotav v'tzivanu lei'shev ba'sukkah.

### ON ALL NIGHTS EXCEPT THE LAST NIGHTS OF PESACH ADD

Blessed are You Adonai our God, ruler of the universe, who gives us life, sustenance and brings us to this happy occasion.

## ON ALL NIGHTS EXCEPT THE LAST NIGHTS OF PESACH ADD

Baruch ata Adonai Eloheinu melech ha'olam, she'hecheyanu v'ki'manu v'higi'anu laz'man hazeh.

## 🔶 קידוש לליל ראש השנה 🗲

Rosh Hashanah is observed for two "calendar" days in Israel and in the Diaspora, and is considered by the rabbis to be "one long day." It is therefor uncertain if the blessing of "shechechiyanu" which is recited over new occasions should be said on the second night, as it is not considered a "new" day. To avoid uncertainty, many make it a point to eat a new fruit, or wear a new item of clothing for which the blessing may be said on the second night.

### ON FRIDAY NIGHT, BEGIN HERE

וַזְהִי עֶּרֶב וַזְהִי בֹקֶר יוֹם הַשִּׁשִׁי. וַזְכָלוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם. וַזְכַל אֱלֹהִים בַּיוֹם הַשְׁבִיעִי מְלַאכְתּוֹ אֲשֶׁר עָשָׁה, וַיִשְׁבּת בַּיוֹם הַשְׁבִיעי מִכָּל מְלַארְתוֹ אֲשֶׁר עָשָׁה. וַיְבָרֶך אֱלהִים אֶת יוֹם הַשְׁבִיעי וַיְקַדֵּשׁ אֹתוֹ, בִּי בוֹ שֶׁבַת מִכָּל מְלַארְתוֹ אֲשֶׁר בָּרָא אֱלהִים לַעֲשוֹת.

סַבִרִי,

בָּרוּך אַתָּה יי אֱלהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

On Friday night include the words in parentheses.

בְּרוּךְ אָתָה יי אָלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל עָם, וְרוֹמְמָנוּ מִכָּל לְשׁוֹן, וְמְדָּשְׁנוּ בְּמַצְוֹתָיו. וַתִּתֶּן לְנוּ יי אֲלֹהֵינוּ בִּאַהֲבָה אֶת יוֹם (הַשַּׁבָת הַזֶּה וְאֶת יוֹם) הַזִּכְרוֹן הַזֶּה, יוֹם (הִשַׁבָת הַזֶּר תְרוּעָה (בְּאַהֲבָה) מִקְרָא לְדָשׁ, זֵכֶר תְרוּעָה מִצְרָים. בִּי בְנוּ בְחַרְתָ וְאוֹתְנוּ קַדַּשְׁתָ מִכָּל הָעַמִים, וּדְבַרְךָ אֲמֶת קַדַּשֶׁת מְקַדֵּש (הַשַׁמִים, וּדְבַרְךָ אֲמֶת הַאָרֶץ, מְקַדֵּש (הַשַׁמִים, וּדְבַרְךָ אֲמֶת הַאָּרֶץ, מְקַדֵּש (הַשַׁמִּה יי, מֶלֶך עַל כָּל הַאָּרֶץ, מְקַדֵּש (הַשַׁבָּת וְ) יִשְׂרָאֵל וְיוֹם הַזְכָרוֹן.

## 45 🥱 KIDDUSH FOR ROSH HASHANAH EVE 🖑

#### ON FRIDAY NIGHT, BEGIN HERE

It was on the sixth day the heavens and the earth and all their attendants were completed. For God had finished by the seventh day God's work that God had made, and God rested on the seventh day from all God's work that God had created to function thenceforth.

### With your attention!

Blessed are You, Adonai our God, ruler of the universe, who creates the fruit of the vine.

# On Friday night include the words in parentheses.

Blessed are You, Adonai our God, ruler of the universe, who has chosen us from among all nations and elevated us above all languages and sanctified us with your precepts and gave us with love this day (of Shabbat and this day) of remembrance, this holiday, a declaration of holiness and commemoration of the Exodus. For You have chosen us and sanctified us among all nations, and your word, our ruler, is truthful and extant for all time. Blessed are You Adonai our God, ruler of all the earth, who sanctifies (Shabbat and) Israel and the day of remembrance.

## ON FRIDAY NIGHT, BEGIN HERE

Va'y'hi erev va'y'hi boker yom hashishi. Vay'chulu hashamayim v'ha'aretz v'chol tz'va'am. Vay'chal Elohim bayom hashvi'i m'lachto asher asa, vayishbot bayom hashvi'i mikol m'lachto asher asa. Va'y'varech Elohim et yom hashvi'i va'y'kadesh oto, ki vo shavat mikol m'lachto asher bara Elohim la'asot.

### Savri:

Baruch ata Adonai eloheinu melech ha-olam borey pri hagafen.

## On Friday night include the words in parentheses.

Baruch ata Adonai Eloheinu melech ha'olam, asher bachar banu mikol am v'rom'manu mikol lashon, v'kid'shanu b'mitzvotav. Va'titen lanu Adonai Eloheinu bahava et yom (haShabbat hazeh v'et yom) hazikaron hazeh, yom (zichron) t'ru'ah (b'ahava) mikra kodesh, zeicher li'tzi'at Mitz'rayim. Ki vanu vacharta, v'otanu kidashta mikol ha'amim, u'd'varcha emet v'kayam la'ad. Baruch ata Adonai, melech al kol ha'aretz, m'kadesh (haShabbat v') Israel v'yom hazikaron.

#### CONTINUE NEXT PAGE

## 🔶 קידוש לליל ראש השנה 🗲

WHEN ROSH HASHANAH BEGINS ON SATURDAY NIGHT, ADD

בָּרוּך אַתָּה יי אֶלהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא מְאוֹרֵי הָאֵשׁ.

בָּרוּךְ אַתָּה יי אָלֹהֵינוּ מֶלֶךְ הָעוּלָם, הַמַּבְדִּיל בֵּין קָדָשׁ לְחוֹל, בֵּין אוֹר לְחוֹשֶׁךְ, בֵּין יִשְׁרָאֵל לְעַמִּים, בֵּין יוֹם הַשְׁבִיעִי לְשֵׁשֶׁת יְמֵי הַמַּעֲשֶׁה. בִּין קָדְשַׁת שַׁבָּת לְקָדְשֵׁת יוֹם טוֹב הִבְדַּלְתָּ וְאָרַ יוֹם הַשְׁבִיעִי מִשֵׁשֶׁת יְמֵי הַמַּעֲשָׁה קָדַשְׁתָּ. הִבְדַלְתָ וְקַדַשְׁתָ זִי הַמַּבְדִיל בֵּין קָדֵשׁ לְקָדֶשׁ.

בָּרוּך אַתָּה יי אֶלהֵינוּ מֶלֶך הָעוֹלָם, שֶׁהֶחֶיָנוּ וְקוּמָנוּ וְהִגִּיעָנוּ לַזְמַן הַזֶּה.

## 47 🥱 KIDDUSH FOR ROSH HASHANAH EVE 🖑

## WHEN ROSH HASHANAH BEGINS ON SATURDAY NIGHT, ADD

Blessed are You, Adonai our God, ruler of the universe, who creates the light of the flame.

Blessed are You, Adonai our God, ruler of the universe, who distinguishes between the holy and the mundane, between light and dark, between Israel and the nations, between Shabbat and the six days of labor. You distinguished between the holiness of Shabbat and the holiness of the holidays, You distinguished and sanctified your people Israel in your holiness. Blessed are You Adonai, who distinguishes between different kinds of holiness

Blessed are You, Adonai our God, ruler of the universe, who has given us life and sustenance and brought us to this happy occasion.

## WHEN ROSH HASHANAH BEGINS ON SATURDAY NIGHT, ADD

Baruch ata Adonai Eloheinu melech ha'olam borei m'orei ha'eish.

Baruch ata Adonai Eloheynu melech ha'olam, hamavdil beyn kodesh l'chol, bein or l'choshech, bein Israel la'amim, bein yom hashvi'i l'sheishet y'mei hama'aseh. Bein kedushat Shabbat l'kedushat Yom Tov hivdalta, v'et yom hashvi'i m'sheishet y'mei hama'aseh kidashta, hivdalta v'kidashta et Israel b'k'dushatecha. Baruch ata Adonai, hamavdil bein kodesh l'kodesh.

Baruch ata Adonai Eloheinu melech ha'olam, she'hecheyanu v'ki'manu v'higi'anu laz'man hazeh.

## 🚓 קידוש רבא לשבת וליום טוב 🗲

Kiddush Raba was instituted by the rabbis, whereas the kiddush recited in the evening is Biblically sourced. Originally it consisted only of the blessing over wine, and in a display of Rabbinic humor was named "Kiddush Raba" or "Great Kiddush" despite having an inferior status to the evening Kiddush.

Many have a tradition of using a local liquor instead of wine, in which case the blessing "Baruch ata Adonai Eloheinu melech ha'olam shehakol nihye b'divaro" should be said instead of the blessing of "Baruch ata Adonai Eloheinu melech ha'olam borey pri hagafen."

This may also explain why many have the custom of sitting during the reciting of this kiddush rather than standing.

## ON SHABBAT, BEGIN

ְּשְׁמְרוּ בְּני יִשְׂרָאֵל אֶת הַשַּׁבָּת, לַעֲשׂוּת אֶת הַשַּׁבָּת לְרוֹתָם בְּרִית עוֹלָם. בִּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעלָם, כִּי שֵׁשֶׁת יָמִים עָשָׂה יי אֶת הַשְׁמַיִם וְאֶת הָאָרֶץ, וּבַיּוֹם הַשְׁבִיעִי שָׁבַת וַיּנָּפַשׁ.

זַכּוֹר אֶת יוֹם הַשַּׁבָּת לְקַדְשׁוֹ. שֵׁשֶׁת יָמִים תַּעֲבֹד וְעָשִׁיתָ כָּל מְלַאכְתֶּךָ. וְיוֹם הַשְׁבִיעִי שֵׁבָּת לֵיי אֶלֹהֶיךָ, לא תַעֲשָׁה כָל מְלָאכָה, אַתָּה וּבִּוָך וּבִתֶּך אַבְּדְךָ וַאֲמָתְך וּבְהֶמְתֶּרָ, וְגָרְך אֲשֶׁר בִשְׁעֵיּרַךָ. כִּי שֵׁשֶׁת יָמִים עָשָׂה יי אֶת הַשְׁמַים וְאֶת הָאָרָץ אֶת הַיָּם וְאֶת כָּל אַשֶׁר בָּם, וַיָּנַח בַּיֹום הַשְׁבִיעִי.

> עַל בֵּן בֵּרַך יי אֶת יוֹם הַשַּׁבָּת וַיְקַדְּשֵׁהוּ.

ON PASSOVER, SHAVUOT, AND SUKKOT

אֵאֶה מוֹעֲבִי יי מִקְרָאִי קֹדָשׁ, אֲשָׁר תִּקְרָאוּ אֹתָם בְּמוֹעֲדָם. וַיְדַבֵּר מֹשֶׁה אֵת מֹעֲבֵי יי, אֵל בְּנֵי יִשְׂרָאֵל.

## ON ROSH HASHANAH

תִּקְעוּ בַחֹדֶשׁ שׁוֹפָר בַּכָּסֶה לְיוֹם חַגֵּנוּ. כִּי חֹק לְיִשְׂרָאֵל הוּא, מִשְׁפָּט לֵאלהֵי יַאֲקֹב. 48

## -> DAYTIME KIDDUSH &

#### ON SHABBAT, BEGIN

The children of Israel shall keep Shabbat, making Shabbat an everlasting covenant through their generations. It is a sign between God and the children of Israel forever that in six days Adonai made heaven and earth and rested on the seventh day.

Remember Shabbat to keep it holy. Six days shall you labor and do all your work, but the seventh day is Shabbat to Adonai your God. Do not do any work: not you, your son, or your daughter, nor your servingman or servingwoman, nor your cattle, nor the stranger within your gates, since for six days Adonai made the heavens and the earth, the seas, and all they contain, and rested on the seventh day.

Therefore, Adonai blessed the seventh day and made it holy.

#### ON SHABBAT, BEGIN

V'shamru v'nei Yisrael et haShabbat, la'asot et haShabbat l'dorotam b'rit olam. Beini u'vein b'nei Yisrael ot hi l'olam, ki sheishet yamim asa Adonai et hashamayim v'et ha'aretz, u'vayom hash'vi'i shavat va'yinafash.

Zachor et yom haShabbat l'kadsho. Sheishet yamim ta'avod v'asita kol m'lachtecha. V'yom hashvi'i Shabbat l'Adonai Elohecha, lo ta'aseh kol m'lacha, ata u'vincha u'vitecha avd'cha va'amatcha uv'hemtecha, v'geircha asher bisharecha. Ki sheishet yamim asa Adonai et hashamayim v'et ha'aretz et hayam v'et kol asher bam, vayanach bayom hashvi'i.

Al kein beirach Adonai et yom haShabbat vayikad'sheihu.

### ON PASSOVER, SHAVUOT, AND SUKKOT

These are the festivals of Adonai declared Holy, which you shall declare in their season. Thus Moses declared the festivals of Adonai to Israel.

#### ON ROSH HASHANAH

Sound the shofar on the new moon for the day of our holiday. For it is a precept for Israel, a judgement of the God of Jacob.

## ON PASSOVER, SHAVUOT, AND SUKKOT

Eleh mo'adei Adonai mikra'ei kodesh asher tik'r'u otam b'mo'adam. Vay'daber Moshe et mo'adei Adonai el b'nei Yisrael.

#### ON ROSH HASHANAH

Tik'u va'chodesh shofar, bakeseh l'yom chagienu. Ki chok l'Yisrael hu, mishpat l'Elohei Ya'akov.

## קידוש רבא לשבת וליום טוב 50

ALL DAYS

סַבְרִי,

בָּרוּך אַתָּה יי אֶלהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

## ON SUKKOT

בְּרוּךְ אַתָּה יי אֶלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצוָנוּ לֵישֵׁב בַּסְּכָּה.

## -> DAYTIME KIDDUSH &

ALL DAYS	ALL DAYS
With your attention!	Savri:
Blessed are You, Adonai God, ruler of the universe, who creates the fruit of the vine.	Baruch ata Adonai Eloheinu melech ha'olam borei p'ri hagafen.
ON SUKKOT	ON SUKKOT
Blessed are You, Adonai our God, who has sanctified and made us holy with God's commandments, commanding us to dwell in the Sukkah.	Baruch ata Adonai Eloheinu melech ha'olam, asher kid'shanu b'mitzvotav v'tzivanu lei'shev ba'sukkah.

## 🐣 הבדלה 🗲

הְגָּה אַל יְשׁוּעָתִי אָבְטַח וְלֹא אָפְחָד כִּי עָזִי וְזְמְרָת יָה יי וַיְהִי לִי לִישׁוּעָה. וּשְׁאַבְשֶּׁם מַיִם בְּשָׁשׂוֹן מִמַעַיְגֵי הַיִשׁוּעָה. לַייָ הַיְשׁוּעָה עַל עַמְך בְּרָכֶעֶך סֶלָה. יי צְבָאוֹת עִמְנוּ מִשְׁגָב לָנוּ אֶלהֵי יַעֲקֹב סֶלָה. יי צְבָאוֹת אַשְׁרֵי אָדָם בּטֵּם בָּךָ. יי הוֹשִׁיעָה, הַמֶּלֶך יַעֲגַנוּ בִיוֹם קָרְאֵנוּ. לַיְּהוּדִים, הָיְתָה אוֹרָה וְשִׁמְחָה, וְשָׁשׂוֹן, וִיקָר. בֵּן תִּהְיָה לָנוּ. כּוֹס יְשׁוּעוֹת אֵשָׁא, וּבִשֵׁם יי אָקָרָא.

סַבְרִי,

בָּרוּך אַתָּה יי אֶלהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא פְרִי הַגָּפֶן.

HOLD UP THE WINE

בָּרוּך אַתָּה יי אֶלהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא מִינֵי בְשָׂמִים.

SMELL THE SPICES

בָּרוּך אַתָּה יי אֶלהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא מְאוֹרֵי הָאֵשׁ.

## LOOK AT THE FLAME

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶּלֶךְ הָעוֹלָם, הַמַּרְדִיל בֵּין קֹדָשׁ לְחוֹל, בֵּין אוֹר לְחשֶׁךְ, בֵּין יִשְׁרָאַל לָעַמִים, בֵּין יוֹם הַשְׁבִיעִי, לְשֵׁשֶׁת יְמֵי הַמַּעֲשֶׂה. בָּרוּךְ אַתָּה יי, הַמַּבְדִיל בֵּין קֹדֵשׁ לְחוֹל.

DRINK THE WINE

Havdallah was originally part of the synagogue service, but was introduced into the home service so that children too young to attend synagogue could participate in the practice and share a drop of the wine.

The introductory passages vary not only among Ashkenazim and Sephardim, but also widely within Sephardic communities.

The references to Elijah refer to a tradition that Elijah will return on a Shabbat night to announce the coming of the Messiah.

In addition to the blessing over wine, Havdallah includes a blessing over spices and the light of the flame.

Resh Lakish interpreted the purpose of the sweet spices to serve as a consolation for the departure of the "additional soul" that is given to every Jew on Shabbat. Maimonides understood the purpose similarly, if more prosaicly, as a consolation for the sadness of Shabbat's departure.

Another interpretation connects the spices with the blessing over the fire. Since lighting a fire is prohibited on Shabbat, lighting one is an act recognizing that Shabbat is over. In the Mishnaic times, there was a custom of

## ANDALLAH &

Behold the God of my salvation, I will trust and be unafraid. Adonai is my strength, my might and my deliverance. With joy shall you draw water from the well of deliverance. Deliverance comes from Adonai; bless your people, sela. Adonai Tzevaot is with us, the God of Jacob our fortress. Happy are they who rely on the Adonai Tzevaot. Adonai will deliver us, the Ruler will answer when we call. For the Jews were blessed with light, gladness, joy and honor—may we be so blessed. I will raise the cup of deliverance and call upon Adonai.

With your attention!

Blessed are You, Adonai God, ruler of the universe, who creates the fruit of the vine.

### HOLD UP THE WINE

Blessed are You, Adonai our God, ruler of the universe, who creates diverse spices

#### SMELL THE SPICES

Blessed are You, Adonai our God, ruler of the universe, who creates the light of the fire.

#### LOOK AT THE FLAME

Blessed are You, Adonai our God, ruler of the universe, who distinguishes between holy and mundane, between light and dark, between Israel and the nations, between the seventh day and the six days of creation. Blessed are You Adonai, who distinguishes between sacred and mundane. Hinei El y'shu'ati evtach v'lo efchad, ki azi v'zimrat Yah Adonai va'y'hi li lishu'a. Ush'avtem mayim b'sason mima'anei hay'shu'a. Ladonai hay'shu'a, al amcha birchatecha selah. Adonai tz'va'ot imanu, misgav lanu Elohei Ya'akov selah. Adonai tz'va'ot ashrei adam botei'ach bach. Adonai hoshi'a hamelech ya'aneinu v'yom koreinu. La'y'hudim ha'y'ta ora v'simcha v'sason vikar. Kein tihyeh lanu. Kos y'shu'ot esa uv'sheim Adonai ekra.

### Savri:

Baruch ata Adonai Eloheinu melech ha'olam, borei p'ri hagafen.

### HOLD UP THE WINE

Baruch ata Adonai, Eloheinu melech ha'olam, borei minei b'samim.

## SMELL THE SPICES

Baruch ata Adonai, Eloheinu melech ha'olam borei m'orei ha'eish.

#### LOOK AT THE FLAME

Baruch ata Adonai, Eloheinu melech ha'olam, hamavdil bein kodesh l'chol, bein or l'choshech, bein Yisrael la'amim, bein yom hashvi'i l'sheishet y'mei hama'aseh. Baruch ata Adonai, hamavdil bein kodesh l'chol.

#### DRINK THE WINE

DRINK THE WINE

## א שירי הבדלה 🗲

burning spices on hot coals at the end of a meal to perfume the air. Since this was not possible on Shabbat, smelling sweet spices recalled a luxury that was unavailable during Shabbat, and served both to make up for the lost opportunity and also to remind us that while Shabbat is a joy and respite from the week, the week is sweet in it's own way, as it has many special joys of its own to be savored and cherished.

אַלְיָהוּ הַנְבִיא, אַלְיָהוּ הַתִּשְׁבִּי, אֵלְיָהוּ הַגִּלְעָדִי בִּמְהֵרֶה יָבוֹא אֵלֵינוּ עִם מָשִׁיחַ בֶּן דָוִד.

מִרְיָם הַנְּבִיאָה עז וְזִמְרָה בּיָדָה מִרְיָם תְּרָקֹד אִתְנָּוּ לְהַגְהּיִל זְמְרָת עוֹלָם מִרְיָם תְּרָקֹד אַתְנָוּ לְתַקָן אֶת הָעוֹלֶם. בּמְהֵרָה בְיָמֵינוּ הִיא תְבִיאֵנוּ אֶל מֵי הַיְשׁוּעָה.

## 55 -> SONGS FOR HAVDALLAH &-

May Elijah the Prophet come to us, heralding the Messiah, soon and in our days!

Miriam the Prophetess, strength and song in her hand, will dance with us to repair the world. Soon, and in our days, may she bring us to the waters of redemption! Eliyahu hanavi, Eliyahu haTishbi, Eliyahu haGiladi. Bimheira v'yameinu yavo eleinu, im Mashiach ben David.

Miriam hanevi'a, oz v'zimra b'yadah. Miriam tirkod itanu l'hagdil zimrat olam. Miriam tirkod itanu l'taken et ha'olam. Bimheira v'yameinu, hi t'vi'einu el mei ha'y'shuah.